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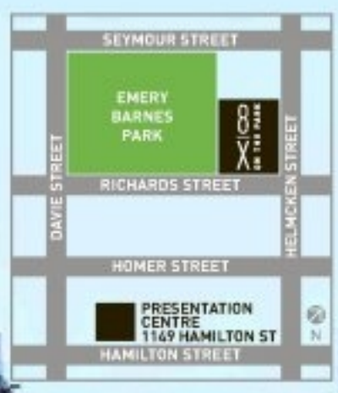

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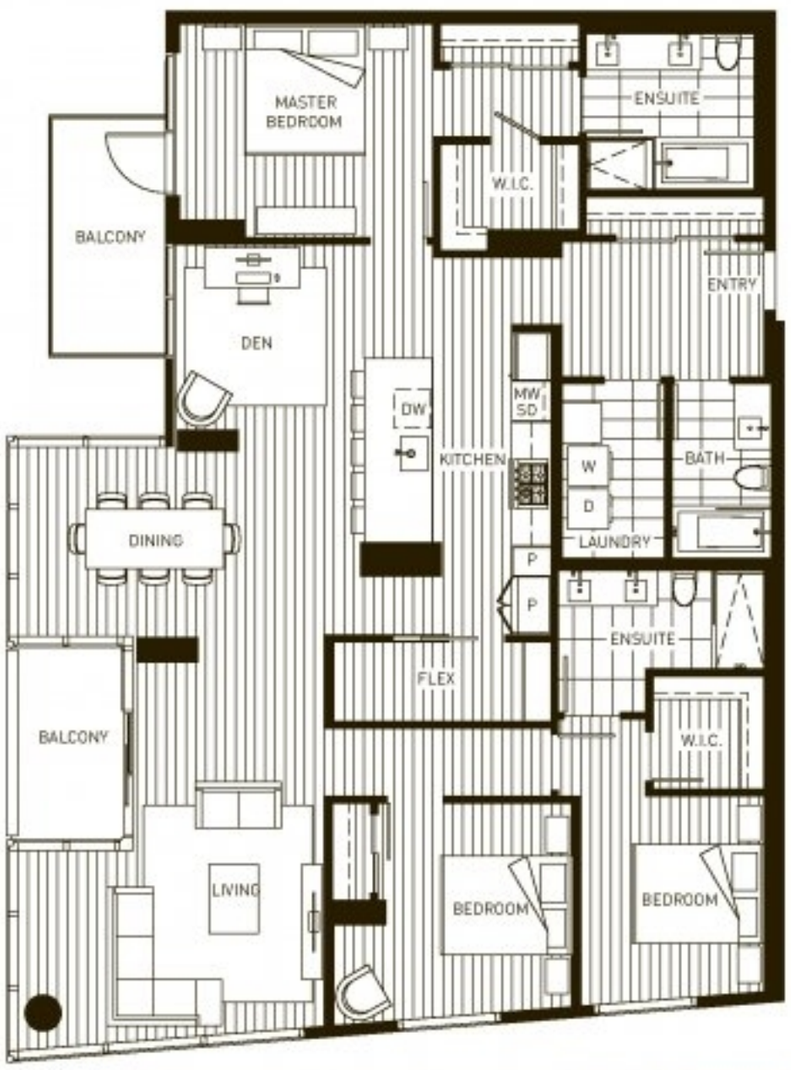

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THE CANADIAN PRESS

Five more city injection sites pitched

HEALTH EMERGENCY

Applications being filed to help stem drug overdoses

Matt Kieltyka
Metro | Vancouver

Vancouver Coastal Health will soon file applications for five new supervised injection sites in response to the shocking spike in overdose deaths, council heard Wednesday.

Chief medical officer Dr. Patricia Daly briefed the city's finance and services committee on VCH's response to the fentanyl public health emergency and said the health authority has settled on five initial locations for new supervised injection services.

"This is possible now that we have a federal government that is open to new applications," said Daly. "We intend to undertake community consultations in the coming months and submit the applications by the end of the summer. We anticipate those supervised injection services should be available, if all goes well, by next spring."

Daly said the five locations aren't restricted to the Downtown Eastside.

She said the options include two community health centres that already provide needle exchanges, an acute care hospital, and two additional locations in the DTES: one that currently provides in-patient care to injection drug users who need intravenous antibiotic treatments and a recently announced mental health and addictions drop-in site.

The province has called a public health emergency over the amount of overdose deaths. There have already been 308 illicit drug overdose deaths in B.C. as of May.

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metro NEWS

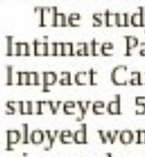
Your essential daily news

Prince William speaks to British gay magazine in support of LGBTQ rights. **World**

Violence at home shown to spill over into work

UBC

Domestic abuse impedes women's careers: Study



David P. Ball
Metro | Vancouver

Domestic abuse has a significant "spillover" effect on workplaces, according to a University of British Columbia behavioural scientist, but employers can also play an important role in tackling violence at home.

According to a new report, co-authored by UBC Sauder School of Business professor Karl Aquino, women who face aggression from their intimate partners are less likely to be promoted by their bosses or perform their jobs as well as their peers.

"While it's a common perception that intimate partner aggression is a private, non-work issue, we found evidence of a spillover effect into people's jobs," Aquino said in a statement.

The study, Does Domestic Intimate Partner Aggression Impact Career Outcomes?, surveyed 500 married, employed women in the Philippines, where partner violence reports have increased dramatically since 2013, and examined how work was impacted by violence.

Angela Marie MacDougall speaks at a fundraising event. On Tuesday, the Vancouver organization launched a crowd-funding campaign to increase its team of counsellors. DAVID P. BALL/METRO

> **Violence against women ... is something for everyone to care about. The more we recognize that, the more survivors will speak.**
> Angela Marie MacDougall

"It not only restricts an abused employee's personal growth, health, and well-being," the report's authors wrote, "but also impairs workforce participation, productivity, and economic advancement."

Reasons cited for the disruptive effects include abusers interfering in partners' workplaces, physical and emotional injuries, stress, and reduced energy or personal resources survivors can devote to their jobs.

While that's not news to Angela Marie MacDougall, executive director of Battered Women's Support Services, it's heartening to see a business school tackle the issue.

"We're trying to change the culture, so it's good that it's being recognized within workplaces," she told Metro. "The workplace is an extension of our lives in a big way.

"The more we can break the silos about how violence against women exists in society, the more we can recognize where violence happens, and how women carry that."

The study also cited the Centers for Disease Control and Prevention, which determined that partner violence costs the world's economy at least $5.8 million, both directly and indirectly as a result of lost work hours.

But while violence at home may have a price tag for both survivors and their employers, tackling it achieves the opposite, Aquino and his co-authors found.

"A supportive work environment can serve as a 'safe haven' for those women who experienced intimate partner aggression," the report states, "by offering them respite to replenish lost resources."

If a colleague discloses, MacDougall said, it's important to "listen without judging," to respect their confidentiality, and ensure they have access to resources — such as an Employment Assistance Program, staff liaison, or community organizations like hers.

EXPANSION PLAN

Playland gets green light

Matt Kieltyka
Metro | Vancouver

The City of Vancouver has given Playland the green light to pursue its plan to expand into a full-fledged theme park.

City council's committee on finance and services voted to provide $1.5 million to Playland so it can develop detailed design and costing plans for the planned expansion.

The amusement park's operators have pitched a 10-year, $120-million expansion which would increase its size to 22 acres (from 15), create permanent green spaces at the park and set it up as a theme park.

They hope the expansion will boost annual revenues to $80 million (from $50 million) and increase the amount of year-round visitors to 1.6 million people, up from 1.1 million, but further work is needed to flesh out the business plan and vision for the park.

Councillors voted in favour of taking that next step on Wednesday, with the exception of Green Party Coun. Adrienne Carr who worries that an increased focus on tourists and higher entrance fees could price out local families.

"I'm concerned that this particular proposal doesn't serve local interest," Carr said.

Coun. Raymond Louie, who also chairs the PNE board, said the refresh is also intended to attract local residents who either have never been to the park or are infrequent visitors.

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Flooding forces residents out of homes

STORM

Four houses on Ross Crescent were evacuated

Wanyee Li
Metro | Vancouver

Four homes in West Vancouver were evacuated early Wednesday morning around 1 a.m. after a storm caused flash flooding in several neighbourhoods.

The water, which in some areas was waist high, damaged dozens of other homes in the 4000 block of Ross Crescent.

"I would say this is the first time in 26 years I've seen this amount of precipitation and this amount of water come through this area," said Jeff Bush, assistant chief at West Vancouver's fire department.

Heavy rain had caused a nearby creek to overflow its banks, he said.

North Shore residents also experienced lightning and hail overnight. Much of the higher ground near Willow Creek Road was still covered in hail Wednesday morning, according to Bush.

Power in houses on the 4400 block of Ross Crescent and Marine Drive remained shut off Wednesday morning as a precaution, said Bush.

"We don't want to energize any of the properties that are still under water."

Water levels at the creeks are back to normal levels now, according to Bush.

A firefighter carries a young child to safety during Wednesday's flash flooding.
RYAN STELTING/FOR METRO

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SURVEY

B.C., Alberta at odds over pipeline

B.C. and Alberta may be neighbours but their residents are at odds about the Trans Mountain Pipeline expansion project, according to an Angus Reid Institute survey released Thursday.

The majority of Albertan respondents (63 per cent) said they thought the National Energy Board (NEB) made the right decision in May, approving the pipeline expansion with 157 conditions, according to the not-for-profit pollster.

In contrast, only 41 per cent of respondents in B.C. agreed with the decision.

The Angus Reid Institute survey highlights how difficult it would be for the federal government to satisfy everyone when deciding whether to approve the project or not, said the think tank's executive director, Shachi Kurl.

"Policymakers have a pretty tricky needle to thread here in satisfying not only the extremely invidious concerns of Metro Vancouver in terms of their view and stance on Trans Mountain but also ... a completely opposing view in the people of Alberta," she said.

But Kurl pointed out the Angus Reid Institute survey also revealed that B.C. residents may not be as united against the pipeline expansion as is often portrayed.

"There can be a conventional wisdom that B.C. is opposed to the pipeline at large, but that is not the case."

In fact, only 34 per cent of B.C. respondents thought the NEB made the wrong decision and a quarter of respondents responded with "not sure."

Residents from the two provinces seem to only agree on one thing — that the pipeline expansion project will go ahead.

Those same numbers also reveal a degree of pessimism — that the government will make certain decisions despite public opinion.

In B.C., 74 per cent of respondents believed the pipeline expansion would go ahead even though more than half of the respondents said "protecting the environment" was very important to them.

The Trans Mountain expansion project would create a twin pipeline that would triple the amount of oil transferred from Strathcona County, near Edmonton, to Burnaby, B.C.

WANYEE LI/METRO

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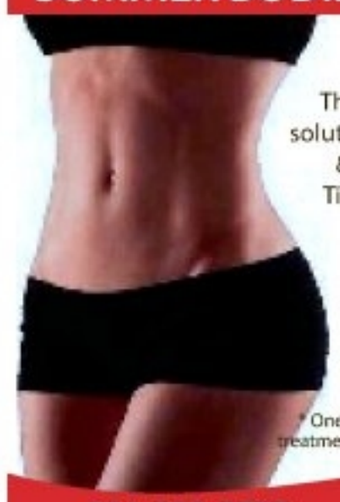

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TRAFFIC

Child pedestrians, cyclists vulnerable: Coroner

One winter afternoon, a student and a friend were dropped off by a transit bus along a British Columbia highway. Traffic was heavy, and there was no controlled crossing for pedestrians nearby.

The teens walked in front of the bus and ran to cross the road. Witnesses said neither youth looked for oncoming traffic, and they could not be seen by a driver in a car that was passing the bus.

"The vehicle driving past the bus narrowly missed the first youth but tragically fatally struck the second," says a new report issued by the provincial coroners' service.

"The friend stated, 'I thought the transit bus was like a school bus and that vehicles would stop.'"

The case provides a tragic example of preventable child and youth traffic fatalities, the BC Coroners Service says in its report. After reviewing the deaths of 81 young pedestrians, skateboarders and cyclists between 2005 and 2014, it's calling for safer street design and better traffic-safety education.

Transportation Minister Todd Stone thanked the service for its "tremendous work" and says his office is reviewing the report with a fine-tooth comb.

The report released Wednesday reveals a portrait of the young people who died on B.C.'s roads. It says 15 to 18-year-olds were most likely to die in these incidents, and 23 of 29 in that age range tested positive for alcohol or marijuana.

More than one-third of the 81 youth had involvement with the Children's Ministry within 12 months of their deaths, which the coroner's service says is consistent with research findings in other jurisdictions.

Seventeen per cent were identified as aboriginal, twice what would be expected based on the proportion of B.C. children who are aboriginal, which is eight per cent. THE CANADIAN PRESS

Dr. Scott MacDonald, lead physician at Providence Health Care's Crosstown Clinic, speaks to the U.S. Senate in Washington on Wednesday. SCREENGRAB/U.S. SENATE

Vancouver drug doc in Washington

CROSSTOWN CLINIC

Safe injection site physician testifies on opioid epidemic

David P. Ball
Metro | Vancouver

The U.S. Senate turned to Vancouver for answers to America's drug woes on Wednesday, flying in the B.C. doctor behind a prescription heroin study to testify about his pioneering treatment trial.

Dr. Scott MacDonald, lead physician at Providence Health Care's Crosstown Clinic, spoke at the request of the Republican-dominated Committee on Homeland Security and Governmental Affairs, the Senate's most powerful committee.

"In British Columbia we need every tool in the toolbox to rise to the challenge the opioid epidemic presents," MacDonald told committee members. "Of course we would like to see an end to people dependent on heroin but for those already suffering it is essential to provide care, and care based on evidence.

"Without our treatment this group's only option would be illicit opioids through the narco-capitalist networks. We still have people who use drugs on the street in Vancouver, but we do have another option."

Crosstown Clinic conducted two landmark pilot studies, known as NAOMI and SALOME, which examined the effects of doctor-prescribed opioids on heroin addicts over the long run. The research proved successful in treating addictions, he testified, and additionally crime involvement by those involved dropped dramatically.

It wasn't clear whether the Senate committee members heeded MacDonald's advice, but Johnson acknowledged America's approach to addiction hasn't worked so far.

"This is really about looking at different approaches," he said. "Let's talk about this significant problem and what the reality of the situation is, and move forward with some approaches that make sense."

> "Without our treatment this group's only option would be illicit opioids through the narco-capitalist networks."
> Dr. Scott MacDonald

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TRANSLINK

Gender-neutral anthem on horizon

PARLIAMENT

MP suffering from ALS may never see fruits of his labour

Ailing Liberal MP Mauril Belanger was in the House of Commons as his private member's bill to render O Canada more gender neutral cleared one final hurdle.

The legislation still requires the approval of the Senate, however, which means Belanger — who was diagnosed last November with Lou Gehrig's disease — may not live to see it become law.

Bill C-210, which would change the second line of the anthem from "true patriot love, in all thy sons command" to "in all of us command," passed third and final reading in the Commons by a margin of 225-74.

As the vote began, Liberal MPs stood and applauded Belanger, who sat in the House in his wheelchair. Many flashed him a thumbs-up sign, his trademark gesture, as their votes were registered.

When it was done, the entire House broke into an impromptu rendition of O Canada, as well as a rousing standing ovation.

Mauril Belanger receives a standing ovation on Wednesday in Ottawa. JUSTIN TANG/ THE CANADIAN PRESS

The anthem change has been a Belanger cause for years, but took on far greater urgency in recent months after it was confirmed he has an incurable, fatal, neurodegenerative condition also known as ALS.

Belanger ran and easily won election for a seventh time in October, but found he was having difficulty speaking during the final weeks of the long campaign. He went public with his condition at the end of November, saying he would drop out of the race to be Speaker of the Commons, a position he had long coveted.

Belanger's disease is a particularly aggressive version of ALS.

By January, when he introduced his bill, he had lost his ability to speak, and needed a voice generator to convert text into computerized speech — the first use of such technology in the Commons. THE CANADIAN PRESS

TERRORISM

Canadians on Daesh 'kill list'

A U.S. media monitoring group has unearthed what has been labelled a "kill list," linked loosely to Daesh and brandishing the names of about 150 Canadian "targets."

The list, while likely an empty threat and apparently compiled almost at random, could serve as inspiration to "lone wolf" attackers and offers the latest example of a cyberterror tactic by hacker groups loosely tied to the Syrian-based militant group, experts say.

The Middle East Media Research Institute (MEMRI) first spotted the list on social media sites, including the Telegram networking app, on June 7.

Featuring mostly women's names, it appears to be compiled by the pro-Daesh hacker group United Cyber Caliphate and two affiliate groups.

Elliot Zweig, deputy director of MEMRI, said he passed on the list — 8,300 names — to authorities. TORSTAR NEWS SERVICE

In the past four months, hackers have released nine kill lists. THE ASSOCIATED PRESS FILE

ANIMAL WELFARE

Fawn lives thanks to Alta. man

An Alberta man was moving an injured deer off a highway in British Columbia when he saw a tiny hoof sticking out of its belly.

Sean Steele was on his way to visit family in Prince Rupert last Friday when he came across the dying doe near Smithers.

The farmer, who also runs a steel fabrication shop near Barrhead, northwest of Edmonton, said the car in front of him had hit the animal and he stopped to help.

He grabbed his pocket knife from the dash of his pickup truck intending to kill the deer and stop its suffering. But by the time he had dragged it to a ditch, it was dead.

He used the knife instead to free the baby.

"I just cut it open and pulled the fawn out," said Steele.

"It was alive but it wasn't really breathing, so I stuffed some grass up its nose, cleaned out its mouth — got all that slime out of there — and it started breathing."

He placed the deer on the back seat of his pickup truck and delivered the fawn to a nearby sanctuary.

THE CANADIAN PRESS

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Facing a mass murderer

ORLANDO SHOOTING

SWAT officers offered stress counselling

Police offered stress counselling and debriefing Wednesday to the SWAT team and other officers who witnessed the Orlando nightclub carnage, as the FBI tried to reconstruct the killer's movements and figure out what role his wife may have played in the plot.

A long procession of memorials and funerals for the 49 killed in Sunday's shooting rampage began taking shape, with mourners scheduled to pay their respects at a visitation for a victim remembered as a friendly salesman and makeup artist.

The FBI said it is still gathering evidence at the Pulse and analyzing cellphone location data to piece together Omar Mateen's activities leading up to the massacre, while interviewing people who had dealings with him.

Members of the SWAT team underwent a stress-management debriefing Wednesday, as hundreds of others involved in the response to the shooting have done, Police Chief John Mina said. Further counselling is being made available.

"These are some of the bravest toughest men I know," Mina said. "No one can prepare you for what those officers encountered that night. They stood toe-to-toe and went face-to-face with a mass murderer."

A key topic for investigators is how much Mateen's Palestinian-American wife may have known about the plot.

An official who was briefed on the case but insisted on anonymity to discuss a continuing investigation said authorities believe 30-year-old U.S.-born Noor Salman knew ahead of time about the attack.

Investigators have spoken extensively with her and are working to establish whether she recently accompanied Mateen to the gay dance club, said a second official who was not authorized to discuss the case publicly.

At a news conference Wednesday, U.S. Attorney Lee Bentley repeatedly refused to say whether charges might be brought against the wife or anyone else. He said authorities are talking to hundreds of people and investigating everyone associated with Mateen, including family, friends and business associates.

THE ASSOCIATED PRESS

Attendees listen to speakers at a memorial gathering for those killed in Orlando at Grand Army Plaza on June 14, 2016 in the Brooklyn borough of New York City. GETTY IMAGES

People attend a memorial service at the University of Central Florida for the victims of the Pulse gay nightclub shooting. GETTY IMAGES

PROFILE OF NOOR SALMAN

Details emerge on shooter's wife

She was a sweet, pretty California girl with Palestinian roots who left an arranged marriage only to find love with a man who committed the worst mass shooting in modern U.S history.

30-year-old Noor Zahi Salman grew up in the small suburb of Rodeo, California.

Noor Salman

Her romance with Omar Mateen began online, according to a neighbour, and they were married on Sept. 29, 2011. The couple has a three-year-old son.

According to marriage documents, Salman was born in the United States while her parents' birthplaces were listed as "Palestine."

THE ASSOCIATED PRESS

LGBTQ

William shows support

Prince William has appeared on the cover of the U.K. gay magazine Attitude to speak out against bullying people because of their sexuality.

The second-in-line to the throne is the first member of the royal family to appear on the cover of a gay publication.

William called on young people being bullied for their sexuality to seek help.

"No one should be bullied for their sexuality or any other reason and no one should have to put up with the kind of hate that these young people have endured in their lives," he said.

William revealed the cover plans on Tuesday after signing a book of condolence for victims of the gay nightclub shooting in Orlando. THE ASSOCIATED PRESS

Prince William on the cover of British LGBTQ magazine Attitude. CONTRIBUTED

IN BRIEF

Officials spot images of EgyptAir wreckage

Egypt on Wednesday said that it spotted and obtained images from the wreckage of the EgyptAir plane that crashed into the Mediterranean last month, killing all 66 people on board. THE ASSOCIATED PRESS

Lane Graves
ORANGE COUNTY SHERIFF'S OFFICE

WALT DISNEY WORLD

Body of boy snatched by alligator found

The body of a two-year-old Nebraska boy who was snatched off a Walt Disney World beach by an alligator and dragged underwater was recovered Wednesday, ending a ghastly search at one of the world's most popular tourist destinations.

Divers found the body of Lane Graves about 16 hours after authorities first got the call that a reptile had taken the boy at Seven Seas Lagoon.

Sheriff Jerry Demings said it appeared the gator drowned the child and left the body near the spot where he was last seen. An autopsy was planned.

"Of course the family was distraught, but also I believe somewhat relieved that his body was found intact," Demings told a news conference.

The boy's parents were identified as Matt and Melissa Graves of Elkhorn, Nebraska, a suburban area of Omaha. A family friend released a statement on behalf of the couple thanking well-wishers for their "thoughts and hope-filled prayers."

Disney World closed beaches around Seven Seas Lagoon during the search, and it was not immediately clear when they would reopen. THE ASSOCIATED PRESS

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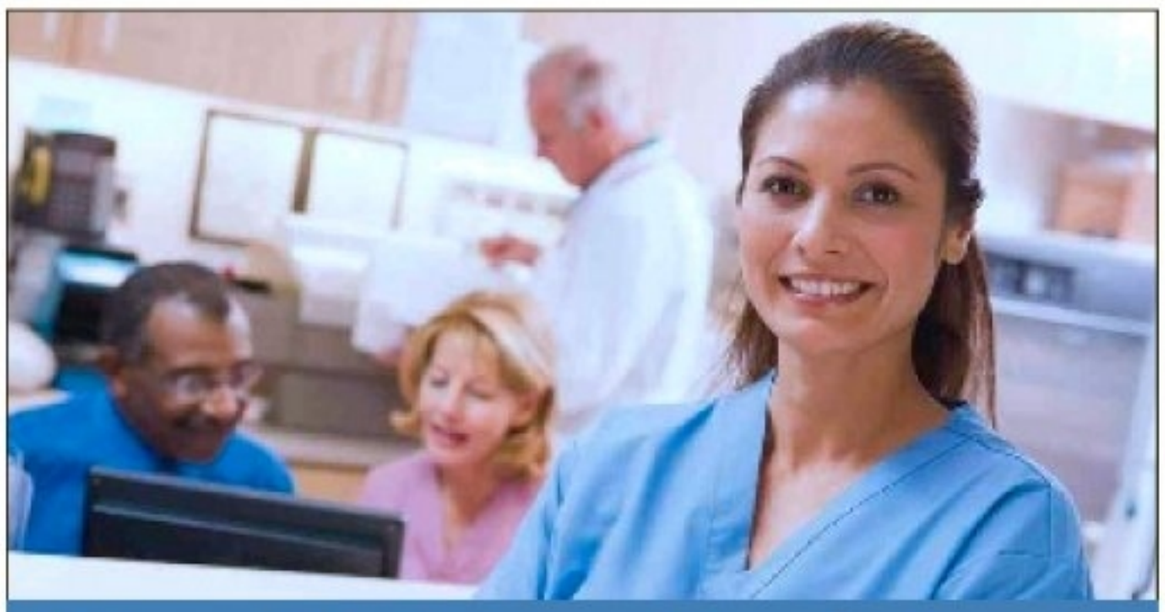

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PCTIA ACCREDITED

Web rentals boost appeal of cottages

INVESTING

Popular sites make it easier to manage real estate costs

Wayfair's augmented reality app allows a chair to be virtually placed in a room to see how it fits. WAYFAIR VIA THE ASSOCIATED PRESS

The equity from high-priced city homes is helping feed the cottage real estate market at the same time popular websites are helping investors rent out their rural properties to help manage the cost.

The 2016 Recreational Property Report from Re/MAX shows that cottage buyers, who may not plan to live in their retreat until retirement, are finding web-based rentals a big enhancement to managing their expenses and properties in the short-term.

More than half the 50 Re/MAX agents and brokers surveyed for the report reported seeing an increase in buyers who were planning to rent out their cottage full- or part-time.

More than half — 58 per cent of 1,576 Canadian respondents to a May 24 and May 26 Leger survey — agreed that websites are making it easier to rent out properties for cottage buyers who are using the equity from their full-time homes to make a recreational purchase.

"People continue to tell me they're usually pleasantly surprised. It is an easier process than it was in the past," said Pamela Alexander, Toronto-based CEO and regional owner of Re/MAX Integra. "Videos, pictures and Google maps are just making the process a whole lot easier."

Renting out a cottage makes it a more affordable proposition for cottage buyers.

"The average Canadian is starting to think (it's) a little bit of a business. We're seeing that buyers sort of have that in their back pocket when they're thinking of purchasing a recreational property," she said.

That's especially prevalent among baby boomers, she said.

"Maybe they're not ready to use (the cottage). They're thinking about it and saying, 'We're going to retire seven, eight years from now but we love this property, how can we make it work and still keep our home?' "

But a cottage, like any investment, has costs.

"These days you have to have television if possible. You also have to be sure you have access to a handyman, so if the toilet plugs or this doesn't work there is somebody," said Alexander.

TORSTAR NEWS SERVICE

HOME DECORATING

Retailers turn to online tools

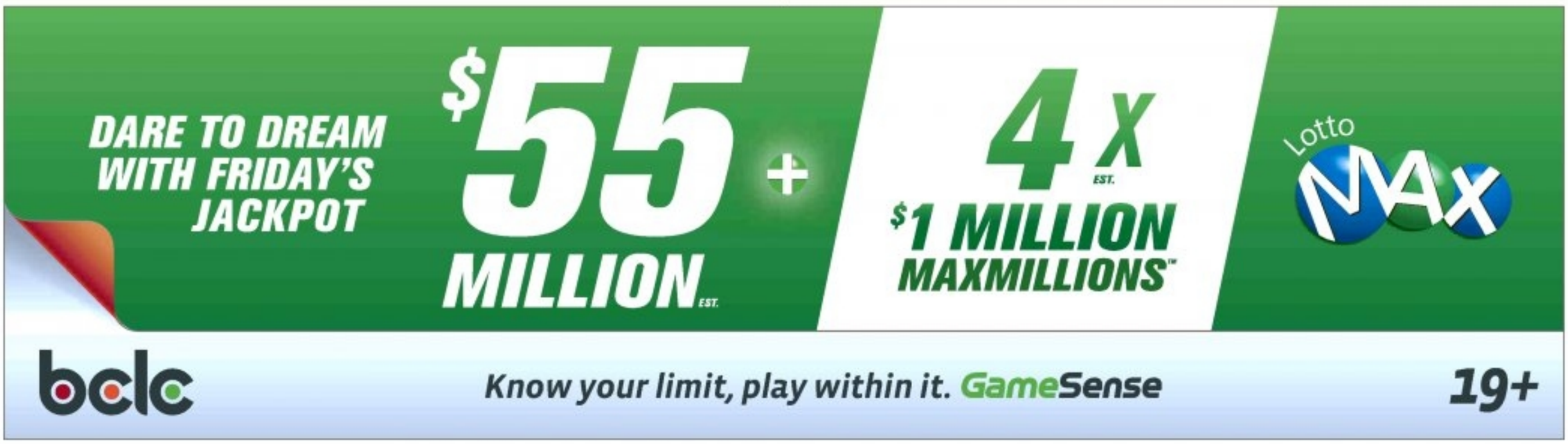
New tools like virtual reality measuring apps and online mood boards are trying to help consumers find easier and quicker ways to decorate homes and apartments.

The expanded services and online tools come as traditional retailers are focusing more on home improvement — bringing back major appliances, creating in-store home vignettes.

But those creating the new tools say the future of home decor is in ways to let people envision new wall colours, furniture and curtains without having to take them home.

Online home retailer Wayfair.com is digitizing its catalogue and testing augmented reality and virtual reality apps as well as 3D models of its products. And the site Houzz.com has launched an augmented reality app that allows shoppers to virtually place products from its online store into their home before they buy.

THE ASSOCIATED PRESS



metro VIEWS
Your essential daily news
Thursday, June 16, 2016

CHANTAL HÉBERT ON THE ASSISTED-DYING BILL

A strong majority of MPs and senators support the right to medically assisted death. In contrast with previous debates on contentious issues, there is no manifest political will to roll back the clock.

In spite of the rewriting in the Senate of the Liberal bill on medically assisted death, rumours of an impending parliamentary crisis are somewhat exaggerated.

There are better-than-even odds that a collision between the two houses of Parliament will ultimately be averted, and more than enough potential common ground between the government and the Senate for a law to see the light of day sooner rather than latter.

There is a strong consensus in both houses of Parliament that it is desirable to have a federal law in place, if only to provide the provinces with a basic common hymn book to sing from.

Although some parliamentarians have argued that no law would be preferable to the bill originally drafted by the government, a federal-legal void has not emerged as anyone's first choice.

A strong majority of MPs and senators support the right to medically assisted death. In contrast with previous debates on contentious charter-related issues such as abortion or same-sex marriage, there is no manifest political will on the part of any party to eventually try to roll back the clock.

Where there is disagreement is on the pace at which the change should be implemented if the law is to live up to the requirements of the Charter of Rights and Freedoms.

The government had proposed that, at least initially, only those whose death is "reasonably foreseeable" be eligible for medical assistance in dying. It claims a gradual approach does not make the bill unconstitutional.

ONGOING DEBATE People rally against Bill C-14, the medically assisted dying bill, during a protest on Parliament Hill on Wednesday. JUSTIN TANG/THE CANADIAN PRESS

The Senate disagrees. It has amended the government's original bill to include people whose death may not be imminent but who suffer from a "grievous and irremediable" condition.

It is not a minor difference, nor is it an irreconcilable disagreement of the kind that brought about the demise in the Senate, in the early '90s, of the last federal attempt to regulate access to abortion.

Back then, the group of senators that united to defeat the government's bill was made up of parliamentarians who either would countenance no law that allowed women to seek an abortion at any stage in a pregnancy or who would accept no restrictions on the right to not carry a fetus to term.

Neither side was open to a compromise that could have led to a charter-proof law. In the case of assisted dying, there are at least two possible avenues to a resolution.

The government could accept Bill C-14 as amended by the Senate and put it to a Commons vote. For every Conservative or Liberal vote lost to a less restrictive version of the legislation, there would likely be an equivalent NDP or a BQ vote in favour of it.

If, as every signal from the cabinet indicates, it declines to go that route, it will not be for fear of not being able to secure enough support in the Commons or to avoid a backlash in public opinion. Polls show solid support for a more expansive law.

Alternatively, the Liberals could strip the bill of the most contentious Senate amendments before having the Commons vote to send it back for adoption in the upper house.

No one knows for sure whether at that point a majority of senators would kill the bill rather than defer to the elected house. My educated guess is that having done due diligence on the legislation, enough of them would ultimately bow to the will of the House of Commons for it to pass. If, as many senators (and others) believe, Bill C-14 is too restrictive to be constitutional, the courts will fix it.

Neither side in this debate can benefit from an impasse or a prolonged battle of wills. For the government, a signature piece of legislation but also an institutional experiment sponsored by no less than the prime minister hang in the balance.

Under the changed terms of engagement between the government and the more independent Senate Justin Trudeau has set out to create, legislative bargaining between the two houses of Parliament stand to become if not the norm at least more frequent. That's a prospect that elicits equal measures of delight and horror in many quarters. Neither is totally justified. But more on that in a future column.

Neither side in this debate can benefit from an impasse or a prolonged battle of wills.

Chantal Hébert is a national affairs writer. Her column appears in Metro every Thursday.

ROSEMARY WESTWOOD

Sex assault by police: A special problem needing special attention

Thanks to media lawyers and the ruling of Justice Faye McWatt, we now know the details of an alleged gang rape committed by three Toronto Police officers: Leslie Nyznik, Sameer Kara and Joshua Cabero. Of another Toronto Police officer, whose name is protected by a publication ban. At a "rookie party."

Some alleged quotes:

"Josh, stop. She is out."

"Should I f--- her in the a--?"

"Suck my boy's d---."

According to new documents released by Justice McWatt this week, the victim says she was forced to perform oral sex and that she was vaginally penetrated. A rape kit suggests she may have also been anally penetrated, though she can't remember. She says she was too intoxicated to participate in, nevermind consent to, the alleged sex.

Of course, if it weren't for the bravery of this alleged victim, we'd know nothing at all. And yet even for a cop, alleging rape by other cops was a scary proposition. The National Post reports: "Her friend urged her to go to police but 'she was reluctant to do so because she would be accusing cops.'"

The defendants, via their lawyer, fought to keep all this out of the news "to preserve trial fairness," avoid "witness tainting" and "prevent unwarranted stigmatization" — concerns the judge dismissed as "mere conjecture" lacking evidence, and ones that would infringe not only on the public's right to know, but our right to justice itself "as the investigation and prosecution of police officers is clearly in the public interest."

Indeed, the public's right to know is never stronger than when applied to the actions of those we allow to wield power over us. And in the case of sexual assault, grossly underreported as it is, that is doubly true. Especially because police really are being accused of committing these crimes.

Nova Scotia's Serious Incident Response Team (an outside body that investigates police) has investigated three sexual assaults and laid charges in one case from spring 2014 to 2015. In Ontario, sexual assaults were the second highest complaint against police from 2014-2015, an astonishing 41. From 2015 to date, charges were laid in 10 cases.

And that's what we do know. Some provinces, like B.C., don't even have a comparable unit impartially investigating sex assaults. Plus: Ontario's data also only represent cases of on-duty police, which means they don't include the allegations against Nyznik et al. And it obviously doesn't account for unreported sexual assaults by police officers.

So in the rare cases when sexual assault charges go to trial, it's crucial that open court principles prevail. We should know everything there is to know about sexual abuse by police.

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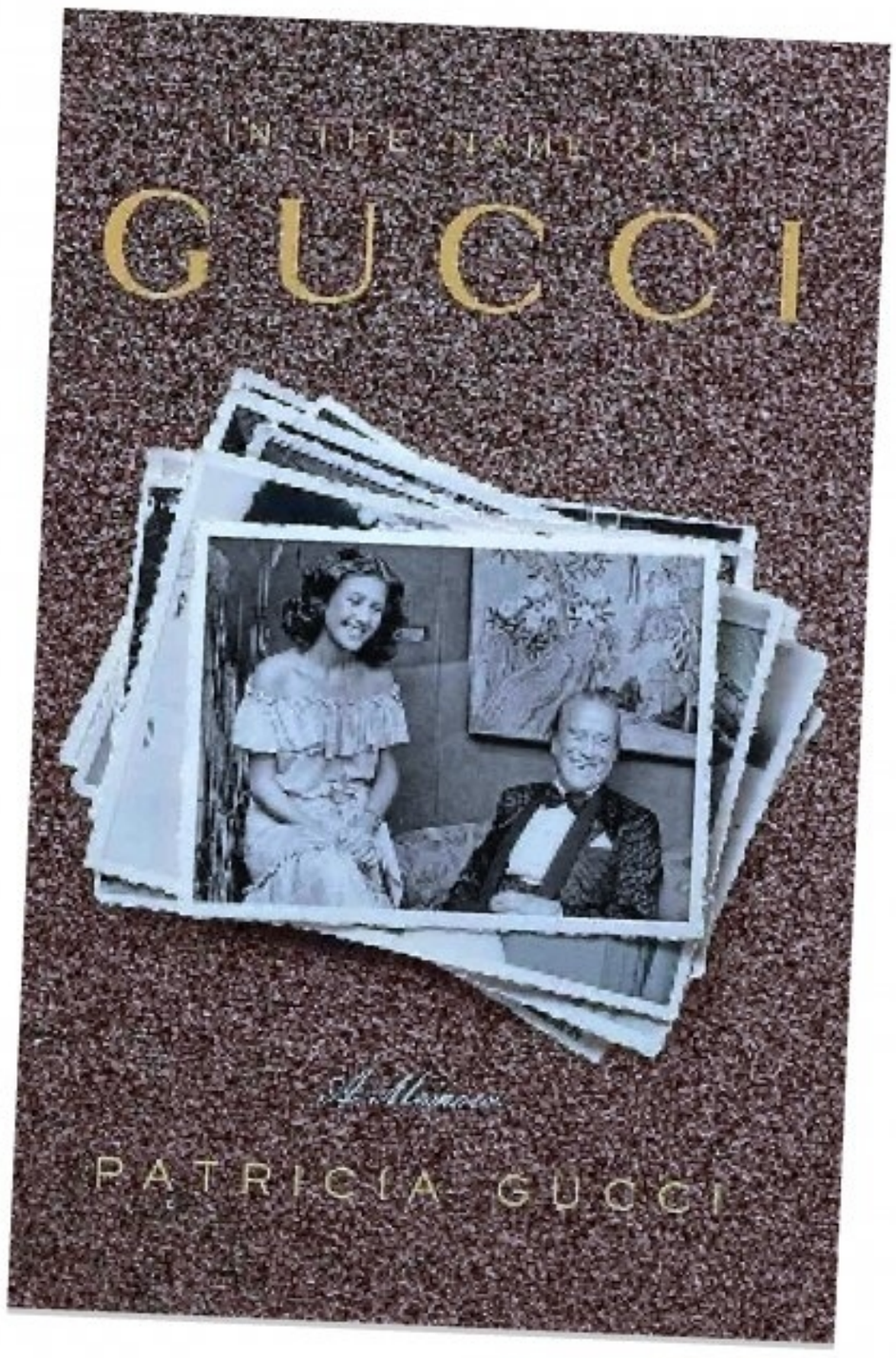
Life as Gucci's illegitimate baby



BOOKS

Patricia Gucci's memoir is a reflection on her family and father

Patricia Gucci was born in 1963, the illegitimate daughter of Aldo Gucci, head of the famous fashion house. Later her father did legitimize her and include her in the running of his company, but there were many ups and downs, and Gucci's story often seems like a Barbara Hutton, Gloria Vanderbilt tale: poor little rich girl whose life was not as glamorous as one would expect. Patricia Gucci spoke to me from London about her new book, In the Name of Gucci: A Memoir. Our conversation has been edited for length.

You had to deal with many complexities, being the illegitimate child of a famous, wealthy man. Your mother was emotionally absent much of the time; you were shunted from country to country and you didn't meet your stepbrothers until you were a young adult. You describe your family as dysfunctional and, yes, they were difficult. But you also had a very privileged life, with wealth, security, a good education and lovely homes to live in.

I am not disputing that. I am privileged and lucky. But it's all relative. It is important for people to talk about things that affected them. We are all human. In my book, I am just trying to tell the story of my father. I discovered things during the research. I wanted to understand my mother and why she was so unhappy. Her unhappiness did affect me all my life. She wasn't involved in my life the way a daughter would want a mother to be. We never did fun things together. Go shopping, for example.

Having the benefit of being in a great home with all the comforts and going to a good school and having lovely clothes is an incredible gift, but it doesn't mean it will make you a happier person.

Your mother took a real risk by entering a relationship with Aldo Gucci. She was in her early 20s; he was in his 50s. She came from a modest family and was living in a very Catholic Italy. This was the 1950s, when religious strictures were strong and divorce was verboten. Why do you think she did it?

She was on her path to live a certain life, married to a certain man. She didn't question that destiny. When her father died, her mother told her, "You need to find a job so at least you can pay for things you want." And she did and she walked into the world of Gucci (first working as a clerk).

When she met my father, there was complete respect and understanding, and it went on that way for a year and a half. It was an incredible world and she was grateful she had this opportunity to be there, but she never in her wildest dreams believed my father would think that way about her.

There was something about her that struck him. There was nothing coquettish about my mother, nothing flirtatious. She was modest and demure, and he fell for that. When she became his secretary, they were in even greater proximity.

She still went through a long process of rejecting him. She became extremely ill with a thyroid condition. My father was sophisticated, 30 years older than she was, and when he sent her letters he used words that made her feel important. The words of love and poetry made her feel she was the most important human being in the world. Even though she loved my father, and was loyal, the relationship created anxiety for her, a feeling that she never belonged. She became more private, more reserved.

In the 1990s, the Gucci family imploded due to family friction and the intervention of the U.S. Internal Revenue Service. Your father died in his 80s of liver cancer after spending a year in prison.

Very few people would have survived unscathed by what my father went through. Having a son betray you and send you to the IRS, or to be kicked out of the company, to go to prison — that was a terrible thing for an 82-year-old man to endure.

> **I am privileged and lucky. But it's all relative.**
> Patricia Gucci

Then to see your whole life's work suddenly taken away from you. In his late 70s, he was one of the healthiest, most vibrant human beings who walked on the planet. He had the energy and the stamina of a 50-year-old. But those blows were too much for anyone to endure.

TORSTAR NEWS SERVICE

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GREETINGS

A MESSAGE FROM THE PRIME MINISTER

PRIME MINISTER · PREMIER MINISTRE

June 17–19, 2016

Dear Friends:

I am delighted to extend my warmest greetings to all those taking part in the Concord Pacific Vancouver Dragon Boat Festival.

Inspired by Chinese traditions and supported by Canadians of all backgrounds, this popular summer festival is a wonderful showcase of our country's cultural diversity. Featuring boat exhibits, storytelling presentations, as well as food and musical performances from around the world, the Festival —now in its 28th year— offers something for everyone. The event also highlights a number of important not-for-profit groups that are fielding teams of paddlers to raise awareness of their mission.

I would like to commend the organizers of this weekend of activities, as well as the racers, volunteers, performers and sponsors who ensure the success of this spectacular event, year after year. Your hard work, enthusiasm and generosity bring people together, strengthen our country's multicultural fabric and exemplify what it means to be Canadian.

On behalf of the Government of Canada, please accept my best wishes for an enjoyable and memorable weekend.

Sincerely,
The Rt. Hon. Justin P.J. Trudeau, P.C., M.P.
Prime Minister of Canada

A MESSAGE FROM THE PREMIER

As Premier of the Province of British Columbia, it is my pleasure to welcome everyone to the Concord Pacific Vancouver Dragon Boat Festival.

Attracting teams and visitors from around the world, this Festival is a much anticipated summer event. An exciting race on the False Creek waterway, plus enjoying delicious cuisine and cultural activities, make this an engaging and exciting attraction for people of all ages.

I would like to wish the Dragon Boat teams the best of luck – I'm sure that your training will pay off, and I hope you enjoy the festive atmosphere and camaraderie of the competition.

Bringing an event of this magnitude together requires alot of preparation and hard work; as such,I would like to thank all of the volunteers, organizers and participants for their effort to make this event a great success.

Enjoy the festival everyone!

Sincerely,
Christy Clark
Premier

BRITISH COLUMBIA

A MESSAGE FROM THE MAYOR

On behalf of my colleagues on Vancouver City Council and the citizens of Vancouver, I offer my sincere best wishes to everyone attending the 2016 Concord Pacific Vancouver Dragon Boat Festival.

This festival has evolved into a wonderful celebration of our multicultural fabric and a great symbol of our city. The sight of the boats in False Creek, the rhythm of the drums and the delicious aromas wafting through the air combine to make the perfect blend of sport, entertainment, culture and food which Vancouverites look forward to year after year.

Congratulations to the Board and the staff as well as many thanks to all of the volunteers who make this event possible. Best wishes to all the participants for an outstanding event!

Yours truly,
Gregor Robertson
MAYOR

CITY OF VANCOUVER

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THE CANADIAN INTERNATIONAL DRAGON BOAT FESTIVAL SOCIETY

ABOUT DRAGON BOAT BC

Culture, community and competition all in one boat. Our non-profit society reflects diversity through festivals that celebrate the arts and dragon boat racing. We fulfill our mission by producing Dragon Boat Festivals that promote diversity, multiculturalism and inclusivity.

We have expanded our mission by supporting our activities with year round programs such as the Dragon Zone Paddling Club and the Community Boathouse.

The Vancouver Dragon Zone Paddling Club is located in the False Creek Community Center at 1 Athletes Way. It is a full service paddling club offering rentals, instruction and practice facilities for dragon boats, kayaks, and outrigger canoes.

The Richmond Dragon Zone Paddling Club is located in Steveston at the Britannia Heritage shipyard at 5180 Westwater Dr. on the shores of the Fraser River. This location offers dragon boat programs for adults, seniors, children and youth.

Thank you to our founders David C. Lam and Milton K. Wong, whose vision and foresight created the event that has become the Concord Pacific Vancouver Dragon Boat Festival, now in its twenty-eighth year.

MILTON K. WONG LEGACY PROJECT JUNIOR PADDLER PROGRAM

We aim to remove the financial barriers that prevent many children and youth from participating in an activity that could be the beginning of a life-long love of sport. Finding very few programs in our community, the Society developed a number of initiatives for children and youth focused on the inclusive sport of dragon boating.

Milton Wong was a philanthropist, a business leader and a friend. In 2013 the Canadian International Dragon Boat Festival Society established the Milton K. Wong Legacy Project to honour his memory. Milton Wong was known to many as a leader in business, volunteer service, health research, culture and sports. He was a key fundraiser for the Salvation Army, Red Cross, Science World and the YMCA, a founding member of the Laurier Institute and a contributor to success.

Each year, thanks to you, over 3,000 kids participate in "one-time", low or no cost dragon boating and kayaking programs.

info@dragonboatbc.ca • 604.688.2382 • www.dragonboatbc.ca

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Welcome to the Concord Pacific Vancouver Dragon Boat Festival,

It is our pleasure to welcome you to the 28th annual Concord Pacific Vancouver Dragon Boat Festival. This year, we are thrilled to have Concord Pacific as our new title sponsor. They have been a founding event sponsor and supporter of the sport of dragon boating.

Concord Pacific has increased their commitment to the festival as well as providing greater year-round accessibility to the paddling community. Having Concord Pacific our lead partner is a natural fit. We are grateful for their enthusiasm and continuing support.

We all look forward to this year's event with new features to enjoy plus many of our annual favourites.

Be sure to visit our Family Fun Zone – you will be entertained or jump in and be part of the action!

And look up! We are pleased to present live coverage of the races and other onsite activities on our new giant LED screen.

Speaking of the races, you will find bleachers set up near the finish line for the first time this year. Find a spot and cheer on your team – and others.

This year we are welcoming top-ranked international teams taking part in the new Concord Pacific Champion Series on Saturday afternoon. You have never seen world champion dragon boat racing like this before.

The festival is organized by The Canadian International Dragon Boat Festival Society. Our thanks to the Society's Board of Directors, staff and to all the volunteers.

We are grateful to all our sponsors – an event like this could not happen without their generous support. Best of luck to the paddlers and we look forward to exciting competition on the water.

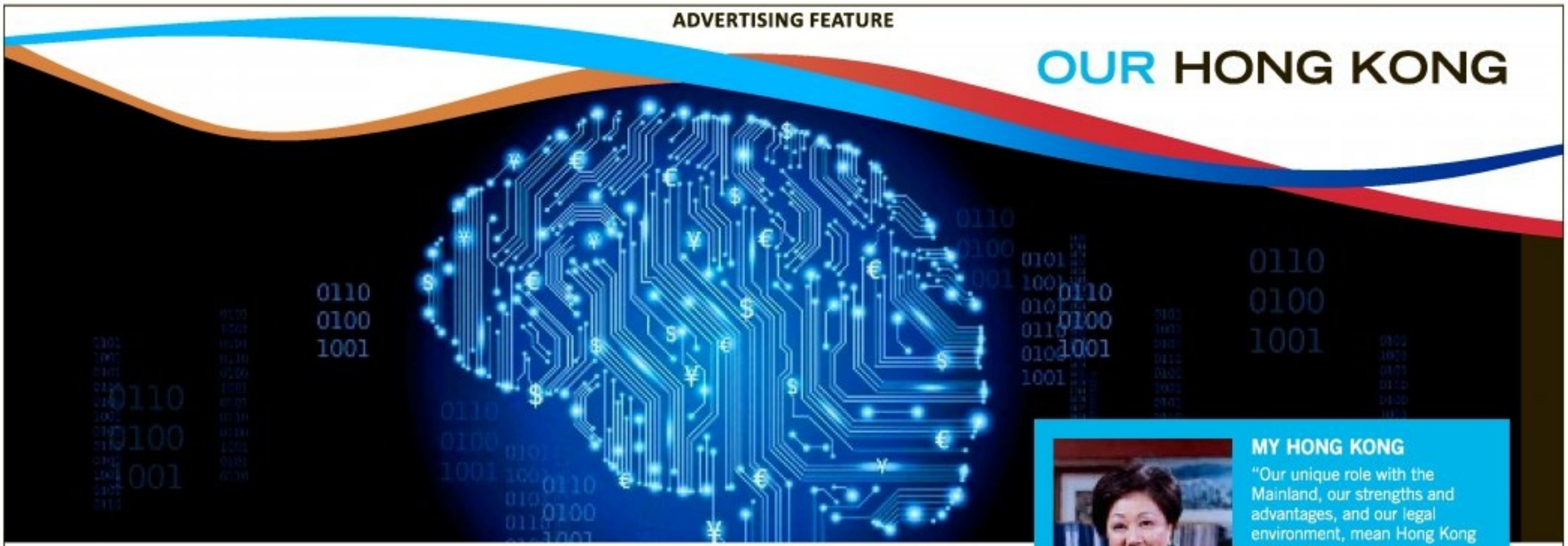
Thank you to all our visitors, for kicking off your summer at the 28th Concord Pacific Vancouver Dragon Boat Festival.

Paddles up!

Peter Wong, Festival Chair
Ann Phelps, General Manager
Greg Lamb, Race Director

ADVERTISING FEATURE

OUR HONG KONG



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MY HONG KONG

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Laura Cha, Chairman, Financial Services Development Council

HONG KONG
ASIA'S WORLD CITY

THINGS TO EAT AND DRINK AT THE FESTIVAL

Be sure to stop by the Granville Island Brewing Beverage Garden. Grab a cold drink in the park as you watch the paddlers on the water and enjoy a taste of the Festival from any of the delicious food vendors on site.

Barefoot Winery
Thai On The Fly
Smokin' Hot Donairs
Dim Sum Express
Insomniacs Coffee
BeaverTails Pastry
This Little Piggy
Rotato Express
Jamaican Mi Juicy
Zee's Grilled Cheese

THINGS TO DO AND SEE THURSDAY JUNE 16, 5PM

AWAKENING THE SPIRIT OF THE DRAGON BLESSING CEREMONY

Dotting the eyes takes on a whole different meaning when on Thursday, June 16th at 5 pm when we Awaken the Dragons – the official kick-off event for the 2016 Vancouver Dragon Boat Festival.

We invite priests and members of the congregation of the Evergreen Taoist Church to the waters of False Creek to conduct this ancient and colourful ritual. Ancient Chinese dragon mythology has it that the dragon sleeps in the mountains and travels to the water when it is awakened. Guest dignitaries assist in this ritual, dipping brushes in pots of red cinnabar paint and dabbing the eyes on the dragon boat heads.

At the end of the ceremony the priests nourish and appease other souls that might be present by throwing them 18 coins and coloured beans representing the five elements and directions. Taoism is one of the world's oldest religions, originating in ancient China. Members of the Evergreen Taoist Church are devotees of the Complete Reality School – Dragon Gate Sect and follow the teachings of the Immortals, Master Lu Sun-Young, Master Wong Chung-Young and his disciple Master Yau Cheung-Chun.

Please join us for this engaging ritual:
When: 5:00 pm **Where:** On the new docks, north of the Creekside Community Centre

THINGS TO DO AND SEE FRIDAY JUNE 17, 5PM - 10PM

FRIDAY NIGHT KICKOFF

At 6pm, the Festival kicks off with a live performance from Coco Jafro. Their performance brings together the schools of Funk, Soul, Jazz and Afrobeat providing a unique sound that flows from a foundation of deep set grooves & North African rhythms.

Grab a drink during the performances and be sure to visit our food trucks and marketplace vendors.

ABREAST IN A BOAT VS. BUTTS IN A BOAT - 6:30PM

A challenge between prostate and breast cancer survivors. Cheer on these two amazing teams as they race and help build awareness for their causes.

VISITING TEAMS WELCOME PARTY

The out of town teams will also be present for the Welcome Party BBQ. This event, hosted by Hostelling International, with food provided by Dr. Oetker, will welcome the visiting teams into our paddling community as they enjoy food and drinks throughout the evening.

FEATURE RACES

Join us at the **Concord Pacific Fan Zone** to watch all of the races throughout the weekend. This seated area offers a great view of the finish line and is conveniently located close to the beverage garden and food truck area. You can find the Concord Pacific Fan Zone in the North-East corner of False Creek. Come cheer on your favourite teams!

FRIDAY, JUNE 17

Abreast In A Boat vs. Butts In A Boat - 6:30PM

A challenge between prostate and breast cancer survivors. Cheer on these two amazing teams as they race and help build awareness for their causes.

SATURDAY, JUNE 18

CONCORD PACIFIC CHAMPIONS RACE SERIES - 12:30 TO 1:30PM

On Saturday, stop by the Dragon Boat Festival to watch elite athletes make waves on the water. From 12:30 to 1:30, the Concord Pacific Champions Race Series will highlight some of the best races the weekend has to offer.

Concord Pacific International Cup

Cheer on our local premier teams as the take on challengers from Hong Kong, China and the United States in a series of three knockout races where the slowest team of each heat will be eliminated.

Roundhouse Radio Grand Dragons Cup

Don't let the name of this race fool you. These teams have been around the world and have the medals and experience to prove it.

Hostelling International U24 Cup

These up and coming athletes are the future of the sport. Many of these athletes are currently training to compete on the national and global level.

CIBC Breast Cancer Survivor Race

A symbol of hope and display of strength on the water. These teams continue to raise awareness for their cause while competing across the globe.

GOODLIFE FITNESS GUTS & GLORY - WOMEN - 5:00PM

This 2km endurance race adds a staggered start, boat turns and the occasional collision to the race. It's definitely a race that lives up to the title.

SUNDAY, JUNE 19

Championship Races - 12:00 onwards (all day)

The Championship races for the festival. Watch teams as they leave everything on the water and compete for medals in their respective divisions.

Concord Pacific Guts & Glory - Mixed - 5:00PM

This 2km endurance race adds a staggered start, boat turns and the occasional collision to the race. Bragging rights are definitely on the line.

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THINGS TO DO AND SEE
SATURDAY JUNE 18 AND SUNDAY JUNE 19

FAMILY FUN ZONE

This area includes interactive entertainers and workshops. Stop by to watch a hoop performance, learn how to juggle or perform with the Taiko drummers. There will also be a rock climbing wall, wipeout elimination challenge and an inflatable obstacle course.

CIRCUSWEST – JUGGLING WORKSHOPS

Saturday & Sunday 11:30am / 1:00pm / 3:30pm

Join the Circus! Join the Fun! Try your hand at juggling, plate spinning, diabolo or even handstilts in this 'no experience necessary' workshop. All you need is a desire to learn and Western Canada's premier circus program, CircusWest, will teach you the basics to start you on your journey to the Big Top. CircusWest runs a comprehensive circus arts program for 'children of all ages', and offers a wide range of specialty aerial and fitness classes for adults. CircusWest regularly performs at fairs, festivals, and corporate events and produces original circus spectacles throughout BC. CircusWest is pleased to work with Dragon Boat BC this year to produce onsite entertainment, workshops and pop up performances.

VANCITY ACROYOGA - ACROYOGA WORKSHOPS

Saturday & Sunday 12:30pm & 2:00pm

At it's very root AcroYoga is a practice of trust, it is our basic human need to be able to put your faith into another human being. AcroYoga is a dynamic partner practice that blends the wisdom of yoga, the dynamic power of acrobatics, and the loving kindness of healing. Join this workshop to explore the fundamentals of movement and partner balance.

ARIEL AMARA – HOOP PERFORMANCES and WORKSHOPS

Saturday & Sunday 12:00pm / 1:30pm / 3:00pm

Ariel Amara is a multi-faceted performer specializing in extreme tallness, elaborate costuming and engaging character. She is often found obsessing over circles and playing with burning objects. Her primary goals in life are to delight peoples senses and inspire a twinkle in the eye, enticing childlike joy, mischief and more.

Based on the North American West Coast, Ariel has been performing for nearly 15 years as a Hooper, Fire Spinner, Clown and Stilt Walker.

POP UP ART – Ian Morris - Chalk artist

Saturday & Sunday 11:30am to 2:30pm by Science World

The Dragon Boat is excited to have a 3D sidewalk chalk artist design a special work for this year's festival.

Ian Morris has been a full-time chalk art busker in Victoria for over 12 years. He also has taken part in Chalk Art Festivals in Canada and the US, including the Sarasota Festival in Florida where in 2015 he participated in a collaborative effort to create the world's largest 3D image, a project designed and directed by Kurt Wenner, the artist who invented the technique.

SHAO LIN HUN GAR KUNG FU LION DANCE

Saturday & Sunday 2:00pm & 3:30pm

The Shao Lin Hung Gar Lion Dance Team is based in Vancouver and is well known to the community. The team has participated in the Chinese New Year's parade in Chinatown for over 10 years and also participated in many charitable events, such as taking part in the "Walk with the Dragon" in Stanley Park, visiting old folks' homes and fund raising for the flooding victims in China. Founded by Sifu Raymond Cheung in 2004, these teams have entered in lion dance competitions, received many special awards and performed demonstration in many big events and martial arts tournaments. They have also been invited to do the performances for many major malls, public markets, schools, universities, and the grand opening of stores and businesses throughout the lower mainland.

TETSU TAIKO – LEARN TO DRUM

Sunday 3:00pm

Learn basic Taiko drumming skills from the performers of Tetsu Taiko. Try your hand at creating basic rhythms and Japanese taiko drum technique in this 25 minute workshop. Feel the power of creating powerful taiko music with a new group of friends.

WORLD BEAT STAGE

The main stage will feature free performances throughout the weekend. Performance highlights include Coco Jafro, Beckman Coe and Adam Shaikh.

CREEKSIDE STAGE

Local Musicians highlight the stage starting at 11AM on Saturday and Sunday.

world beat stage

DRAGON BOAT BC
www.dragonboatbc.ca

FRIDAY, JUNE 17

6:30pm - 8:30pm - Coco Jafro

SATURDAY, JUNE 18

11: 00AM - 11:45AM	The Palomars
12:00PM - 1:00PM	Ezra Kwizera
1:30PM - 2:30PM	John Welsh Band
3:00PM - 4:00PM	Los Duendes
4:30PM - 5:30PM	Gabriel Palatchi Trio
6:00PM - 7:00PM	Buckman Coe

SUNDAY, JUNE 19

11:00AM - 11:45AM	Boy Breaking Glass
12:00PM - 1:00PM	Compassion Gorilla
1:30PM - 2:30PM	MudFunk
3:00PM - 4:00PM	Midnight Mangoes
4:30PM - 5:30PM	Lapis
6:00PM - 7:00PM	Adham Shaikh & The Outworld Orkestra

CREEKSIDE STAGE

DRAGON BOAT BC
www.dragonboatbc.ca

SATURDAY, JUNE 18

11:00AM	Kaya Kurz
12:30PM	Group Truva
2:00PM	Celery Sticks
3:00PM	Royal City Swing lessons
3:30PM	The Palomars with Royal City Swing
5:00PM	Drive Street Band

SUNDAY, JUNE 19

11:00AM	Celery Sticks
12:00PM	Timothy Lambert
12:30PM	Stringz Aloud
2:00PM	Drum Sindicate
3:30PM	Fiddle Club

ADVERTISING FEATURE

THINGS TO DO AND SEE SATURDAY JUNE 18 AND SUNDAY JUNE 19

CIRCUS WEST POP UP PERFORMANCES

Circus performances be scattered throughout the site on various pop up stages throughout the weekend.

Unicycle Dragon

Saturday and Sunday 2:00pm & 3:00pm

Watch CircusWest's young unicycle performers animate a 45-foot unicycle dragon all throughout the Dragon Boat Festival grounds while riding unicycles. Get your cameras ready!

Bouncy Boy Jugglers

Saturday and Sunday 12:00 & 1:30

Be amazed at the juggling prowess of Elliot and Merlin as they pass juggling clubs from one to the other all while bouncing on acrobatic stilts. This is something you do not see every day.

Poi Sisters

Saturday 12:00 & 1:30 and Sunday 12:30 & 1:30

Kaia, Rose and Chloe blend dance and juggling in an intricate display of coordination and precision manipulating poi — and having a great time while doing it!

The Lost Paddlers

Saturday 1:30pm, 3:00pm & 4:30pm and Sunday 1:30pm, 2:30pm & 3:30pm

Keep an eye out for some lost Dragon Boat Paddlers in a makeshift boat and plans of mischief on their way to the starting line.

Acrobatica

Saturday and Sunday 12:00pm & 1:00pm

Ashara and Georgia will delight onlookers with their unique blend of acrobatics, partner balance and choreography as they traverse the Dragon Boat boardwalk. Be sure to say hi and be amazed by their acrobatic prowess.

Partner Pyramids

Be entranced by the daring artistry of Anthony and Daisy as they build human pyramids and perform precarious balances with one another.

Matt Henry

Matt Henry's serious juggling skills, cutting-edge effects, and innovative wit have awed and amused audiences around the world. He's rocked the stages of Hong Kong, London, Tokyo, New York, Paris and Las Vegas!

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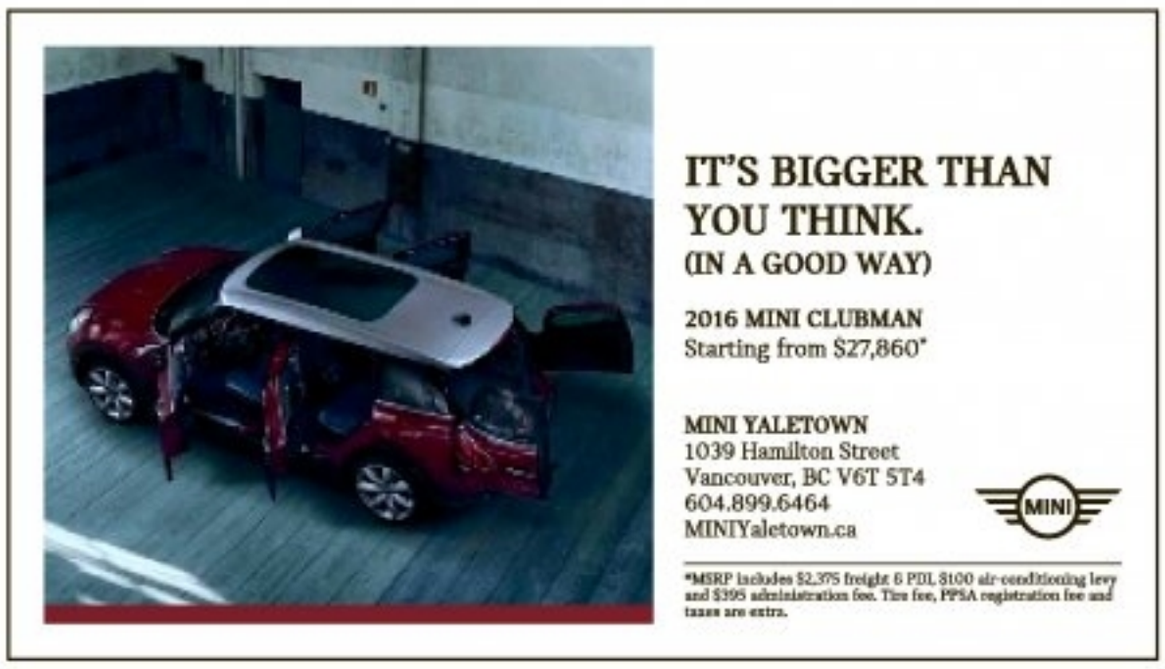

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ADVERTISING FEATURE

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THE CANADIAN INTERNATIONAL DRAGON BOAT FESTIVAL SOCIETY WISHES TO THANK THE FOLLOWING INDIVIDUALS AND ORGANIZATIONS FOR THEIR GENEROUS SUPPORT:

Aquabus
City of Richmond
Darby Wong
Dean Fortin
Dr. Sun Yat-Sen Gardens
Dragon Hearts Dragon Boat Club
Edgewater Casino
Fei and Milton K. Wong Family Foundation
International Language School
International Taoist Church of Canada
John Ko
Larry Pahl
Loren Slye
Louise Lamb
Richmond Dragon Boat Club
Taku Resorts
The Staff and Management of Creekside Community Centre
Vancouver Board of Parks and Recreation
Vancouver Police Marine Unit
Vancouver Police Department
Paddling for Change
Bonny Mah
West Coast Collage of Massage Therapy - Sean Cannon RMT

We would like to recognize the following members of the Organizing Committee who have been instrumental to the success of this event.

ORGANIZING COMMITTEE

General Manager - Ann Phelps
Marketing and Sponsorship Manager - Alexis Gall
Marketing and Sponsorship - David Chinn, Anwar Flores
Race Director - Greg Lamb
Race Registrar - Bonnie Suen
Communications - Anita Webster
Bodo Ellendt - Accounting
Production Manager - Warren Purchase
Production - Roy Blyan
Creative Design - Tamera Miller
Website - Matt Stevens
Art Direction - Marisa Pahl and Rachael Stableford
Social Media - Jeremy Dyson
Dragon Zone - Emma Eggertson, Angie Tang Wong, Peter Nguyen, Lee Jia Zheng, Johnny Chou
Dragon Zone Volunteers - Larissa Scholz and Noah Musolff
Youth Program - Josh Magbag, Shamus Menard and Aidan Menard
Volunteer Coordinator - David Brun, Katerina Solovey, Nick Chen
Racer Services - Selena Wong

RACE TEAM

Greg Lamb - Race Director
James Liu - Assistant Race Director
Kim Tompkins - Starter
Brad Howie - Finish Line
Jennifer Breakspear - Dock Master
Jeannie Yee - Volunteer Coordinator

FUNDRAISING COMMITTEE

Stephanie Stewart - Co-Chair
Suzanne Williams - Co-Chair
Alma Esparza
Alvin Cheung
Annie Chang
Mark Wiens
Opal Wong
Tim Wong

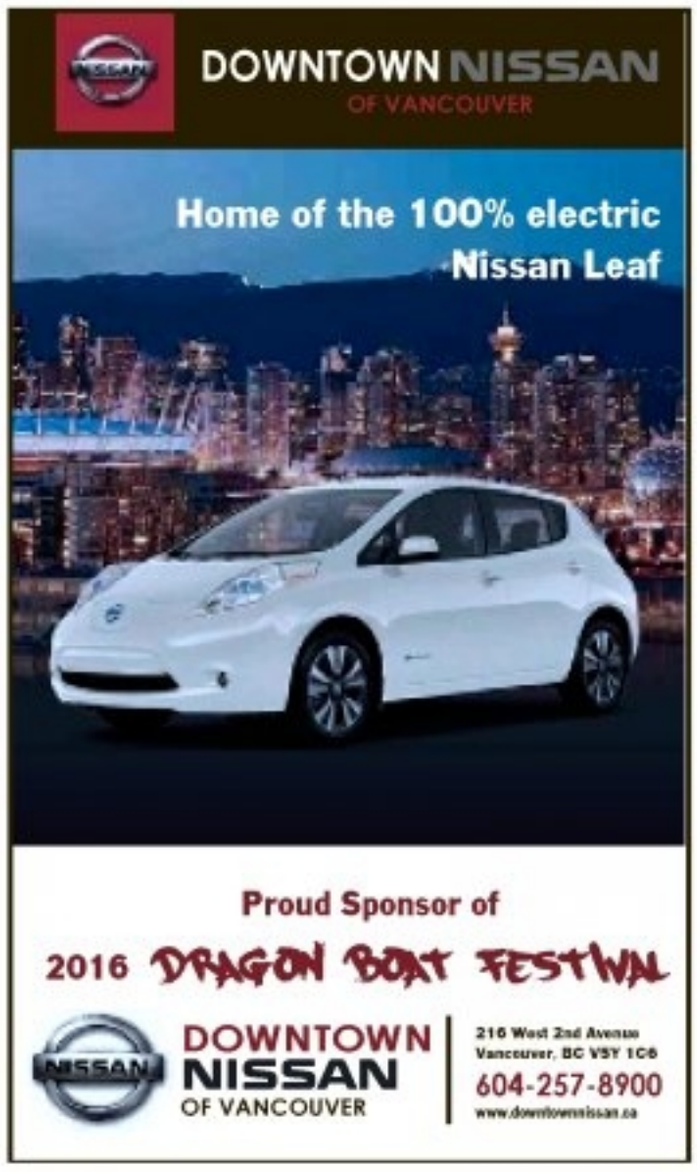
TEAM LEADERS

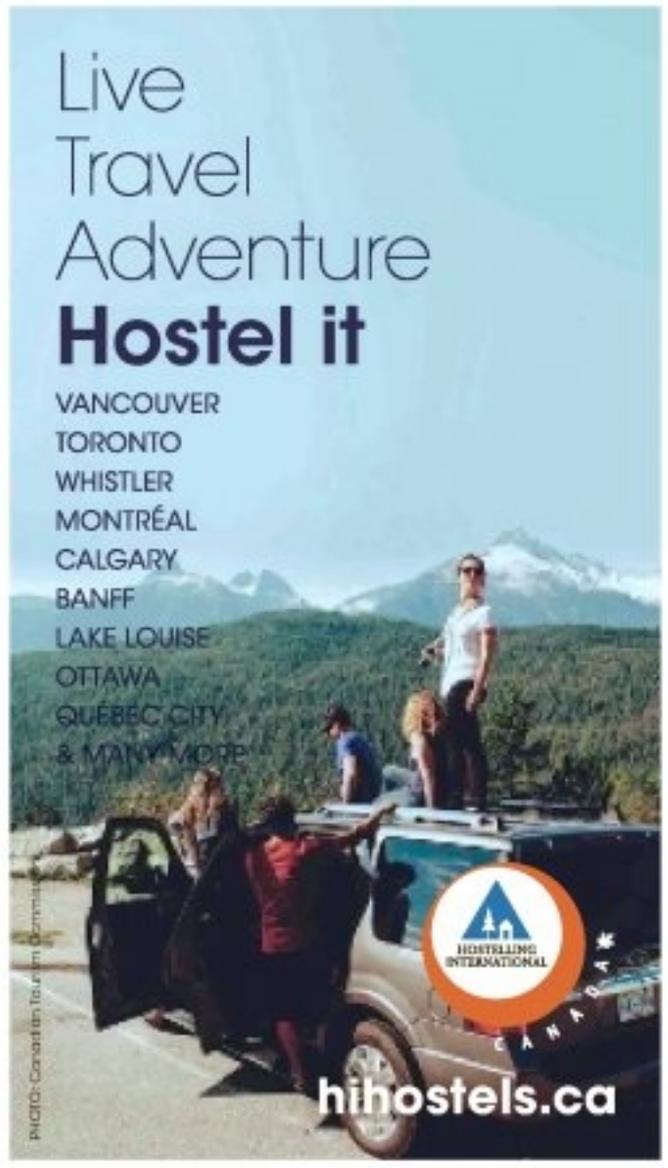
Heather Trenholm
Deb Ru
David Mao
Lucia Lam
Macy Mak
Philip Chae
Ashik Hossain
Cal Koat
Collyn Chan
Nathalie Tang
Eric Tang
Bill Verney
Esaine Mo
Jennifer Casey
Andrew Yang

VOLUNTEERS

Volunteers help organize teams, train paddlers, drive safety boats, serve lunches and snacks to fellow volunteers, manage the VIP lounge, act as race officials and take part in all the different activities that go into operating our signature event - The Concord Pacific Vancouver Dragon Boat Festival.

Visit the Dragon Zone Paddling Club on False Creek any day of the week, or attend the festival and you'll meet some of the hard working volunteers who are a big part of the Society's success.





Guys who go gaga over children

ISTOCK

SOCIAL TRENDS

A 'renegotiation' of gender roles is creating more engaged fathers

Liz Brown
Metro | Canada

When Bryony and Peter Lewicki had their oldest child, Charles, five years ago, it was Peter who left work for the majority of time to care for their son.

"When he was seven months old I went into full time stay-at-home-dad mode. I was with him non-stop for a year and a bit until I started working freelance," says Peter.

Now, with Charles in school and his three-year-old brother Eli at home, Peter keeps his hours at his Toronto-based freelance photography business to part time, while Bryony works full time as a freelance editor and writer.

"I get Charles ready for school, pick his clothes out at night. For a lot of the year I'm doing most of the child raising and household chores myself," says Peter, adding he loves his role and doesn't regret staying at home.

The Lewickis are just one example of what Queen's Faculty of Law professor Kathleen Lahey calls the "renegotiation of gender responsibilities" we are seeing in Canadian society as women become increasingly educated and take on more demanding careers.

Today, numbers show North American women are delaying having children, having fewer children, and even expressing less interest in having children than men. An Associated Press poll from 2013 reported 80 per cent of men expressed the desire to become fathers, while only 70 per cent of women wanted to become mothers.

"It's entirely logical men are picking up on women being less eager to jump into the role of parenting and so men are more expressing their interest and willingness in becoming parents," says Lahey.

A recently divorced 38-year-old west coast lawyer (who chose not to share his name for privacy reasons) told me he's noticed this trend now that he's dating what he dubs "smart, successful women."

He's already the father to a seven-year-old daughter he actively co-parents, but lets his dates know he is interested in having more children. "A lot of the women I date seem to not have the space in their lives for children," he says. "I'm a lawyer and I see what it takes for females to get where they are in my field and that's hard to step away from."

> **It's entirely logical men are picking up on women being less eager to jump into the role of parenting and so men are more expressing their interest and willingness in becoming parents**
> Queen's Faculty of Law professor Kathleen Lahey

Lahey echoes this sentiment: "More and more young working women have invested really heavily in good educations and have taken advantage of opportunities that work out well and statistically once women get used to having their own incomes and having control over how their lives unfold, they take that very seriously."

It's a sociological trend that's led to the rise of dad culture, with stay-at-home dads and dad groups. At the early years centre near his family's home, Peter says he takes his sons to dad groups where he can socialize with other fathers. "They have pancake breakfasts and barbecues they tie in with hikes in the park. It's just five to 20 guys getting together with their kids," he says.

Peter says being a stay-at-home-dad took him by surprise, but he and Bryony never really had a conversation about who would shoulder the bulk of the child rearing.

"It was just one of those things where it was going to be whose job allowed us to do it," he says. "Ten years ago when kids weren't even on the radar for me, I wasn't thinking of being a stay-at-home-dad."

Lahey thinks it's 'fantastic' that more men are stepping up and expressing the desire to be parents and to participate fully in the work it entails.

She views this as a stepping stone towards more funding for child care and longer parental leave. "This is an important phase because if men learn to care as much about the next generation as women do, there will be more social willingness to share the cost of raising children instead of just leaving it all to play out in women's lives."

But for Peter, it's a lot more simple than that. "It's just fun. That might seem glib, but the more moments you get with your kids, the better."

Dockside pairings for the up-north dad

INTO THE WOODS

Make weekends at the cottage even more of an escape

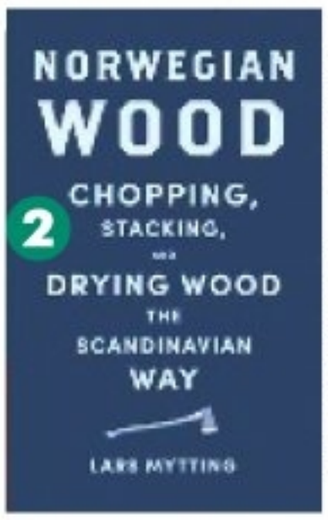
Jaclyn Tersigni

These tools, toys and texts are perfect for the father who's happiest doing whatever — drinking coffee on the dock, putzing around in the woods, fishing by canoe at dawn — so long as he's at the cottage.

Fish Flask
Sure, your dad could bring his nip of whiskey down to the dock in a glass. Or he could pour into this flashy stainless steel fish flask

designed by FormNation. Campy yet classy, it holds up to five ounces of dad's preferred spirit. *$30, available at Bergo Design, The Outer Layer and kikkerland.com*

Norwegian Wood: Chopping, Stacking, And Drying Wood The Scandinavian Way by Lars Mytting
What outdoorsman doesn't secretly (or not so secretly) love taking an axe to wood? This book examines man's obsession with stacking timber and starting fires, and provides practical advice on how to best chop and prepare. *$29.95, available at Indigo, indigo.ca*



Soludos Easy Wear Original Dali Shoes
Flip flops are a cottage mainstay but what about giving dad an upgrade for trips into town? The rope and canvas design lends a nautical splash to these slip-ons, inspired by traditional rope soled espadrilles worn on the Spanish coast. *$65, available at Hudson's Bay, thebay.com*

NRS Baron 6 Inflatable Standup Paddleboard
A standup paddleboard makes a very on-trend addition to any collection of cottage gear. It's a workout and water toy in one. Thicker than other varieties, this model can accommodate passengers and offers increased stability — perfect for paddling across the lake or down the river. And because it's inflatable, you can leave the car rack at home. *$1,299, at Mountain Equipment Co-op, mec.ca*

Abu Garcia Ambassadeur Rod and Reel Combo
Boost dad's fishing game with this rod and reel set that boasts an ultra smooth performance and ergonomic design. It can handle the weight of a variety of freshwater species, from pickerel to catfish. *$149.99, available at Canadian Tire, canadiantire.ca*

LED Camping Lantern
With its blend of vintage aesthetic and modern utility, this battery-powered LED lantern is perfect for an evening by the dock or a nightcap on the deck. Bonus: it comes with a dimmer switch, so dad can set the mood as he pleases. *$25, at Indigo*

Pizzacraft PizzaQue Propane Pizza Oven
Yes, it is possible to have thin-crust, just-as-good-as-wood-fired pizza while up at the lake. This well-reviewed home pizza oven heats up in 10 minutes and cooks a pie in a mere five. The PizzaQue runs on propane, making it easy to bring from the city to the cottage and back again. *$299.99, at Canadian Tire*

Scotch and Soda Classic Grandad Henley
This cosy long-sleeved top isn't just for grandpas, but it is a classic. Soft and slim, it was made for layering on crisp mornings by the lake and on chilly evenings after sunset. *$125, available at Hudson's Bay, thebay.com*

Wood Paddle Wall Art
These paddles are for walls, not for waters. The set of three — made from mango wood and hand-painted with stripes and chevrons in bright hues — will bring cottage vibes to dad's office. Mount them vertically or horizontally with pre-installed hooks. *$79.50, at Indigo, indigo.ca*

Cork Flashlight
This lightweight flashlight may look delicate but it's actually more durable than its traditional counterparts — it's waterproof and it floats. Dad will make use of it on the boat and off. *$38.50, available at Bergo Design, The Outer Layer and kikkerland.com*

**All products listed with regular retail prices, and are subject to change*

1 Fish Flask
2 Norwegian Wood: Chopping, Stacking, And Drying Wood The Scandinavian Way by Lars Mytting
3 NRS Baron 6 Inflatable Standup Paddleboard
4 Scotch and Soda Classic Grandad Henley
5 Wood Paddle Wall Art
6 Cork Flashlight

For the dad that's a cocktail aficionado

RAISE THE BAR

Help dad take shake and stir to a new level

Jaclyn Tersigni

This dad knows the precise dash of bitters needed to make a perfect old-fashioned and he'll be the first to tell you when a hip craft brewery has a new release. These fixings and wares will equip the aficionado.

Fizzics
Any self-respecting beer lover knows that a bottled or canned brew can't compete with a freshly poured draft. Or can it? Pop any bottle, can or growler into the Fizzics home system, close the lid, tap the handle and enjoy a better tasting beer, thanks to patent-pending fluid and gas technology. *$169.99 US, available at brookstone.com and indiegogo.com*

Asobu Growler 2 Go
This vessel is the best way for dad to transport his beer to the beach, backyard and beyond. It maintains freshness and stabilizes beer at the maximum pressure, while the accompanying neoprene sleeve (removable) keeps things cool. A spout ensures a proper pour. *$45, available at Indigo and indigo.ca*

Food & Beer by Daniel Burns
If your dad is both a gourmet and beer buff, then he'll appreciate this book of paired recipes and philosophies by chef and brewer duo Daniel Burns and Jeppe Jarnit-Bjergsø. Burns' restaurant Luksus and Jarnit-Bjergsø' bar Tørst share a space in Brooklyn, where beer and high-end dining come together. *$59.95, available at Indigo and indigo.ca*

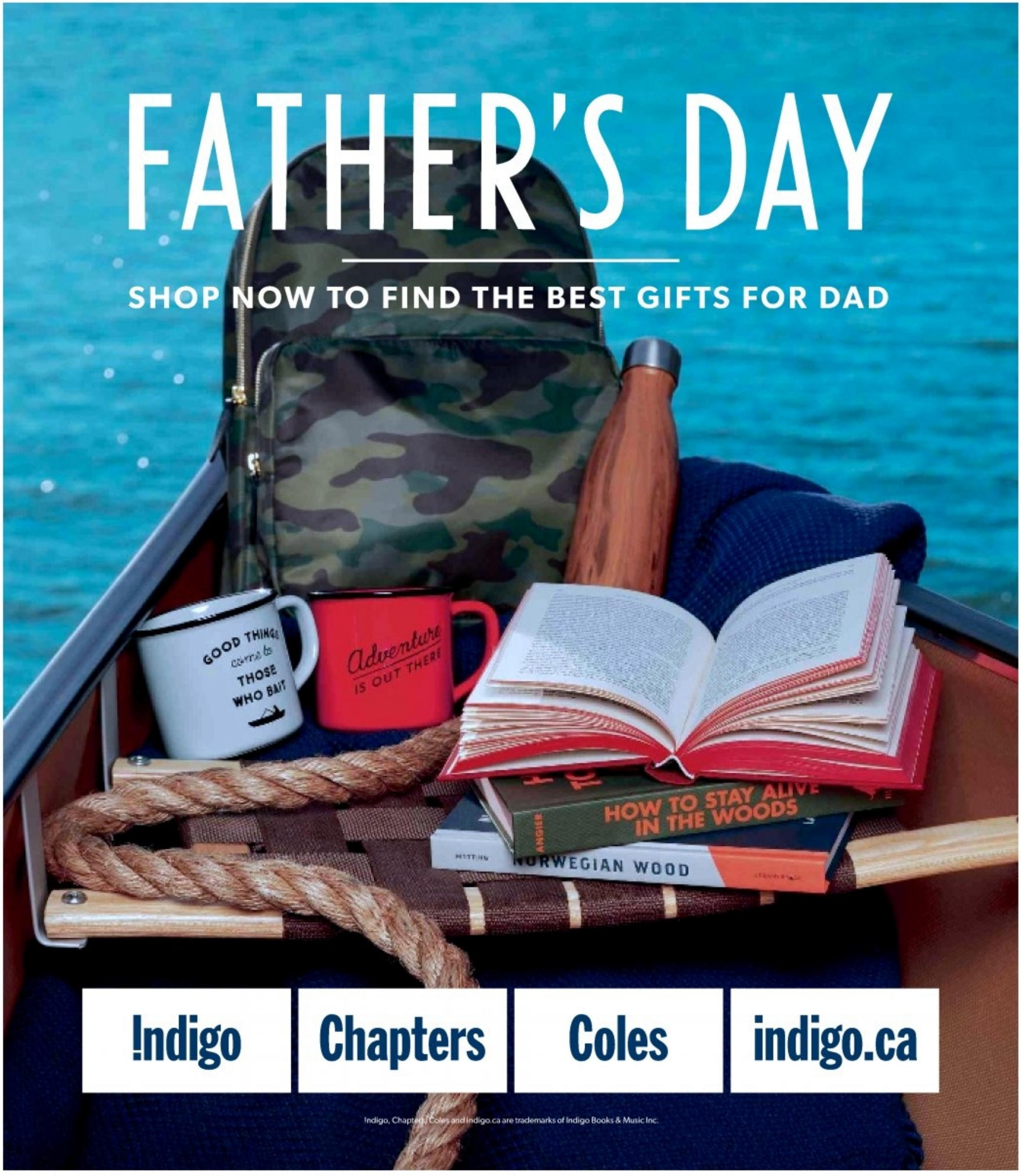
Modern Solid Brass Roll Bottle Opener
Designed by Toronto's Umbra Studio, this deliberately ambiguous rolling cage bottle opener is both a tool and a conversation piece. *$38, available at Hudson's Bay and thebay.com*

Gooderham & Worts Canadian Whisky
This well-reviewed whisky will make a welcome addition to dad's cabinet. The Canadian dram blends corn, rye, wheat and barley and offers notes of bubble-gum, toffee and dried flowers. It looks good, too; the vintage-inspired label honours the distillery's historic roots. *$44.99 at Manitoba Liquor Mart, liquormarts.ca*

Waterford Wedgwood Rebel Plum Decanter
Crystal decanters are the easiest way to transform a home bar into something more elegant. This pick puts a spin on the traditional variety with its rich amber hue and modern lines. Also available in mauve. *$294, available at Hudson's Bay and thebay.com*

J.P. Wiser's X Drake Drunken Cocktail Apricots, Smoked Whisky Maple Syrup
The Drake General Store partnered with J.P. Wiser's whisky and top local chefs to create pantry staples featuring Last Barrels whisky. The booze-drenched apricots provide a dash of sweetness and a cool garnish, while the maple syrup can be used in cocktails or over ice cream. *$14 each, drakegeneralstore.ca*

1 Waterford Wedgwood Rebel Plum Decanter
2 Modern Solid Brass Roll Bottle Opener
3 Gooderham & Worts Canadian Whisky
4 Asobu Growler 2 Go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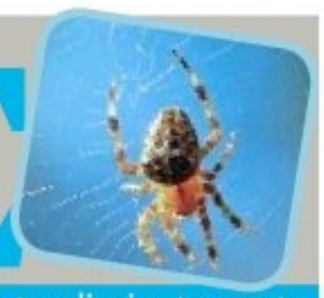
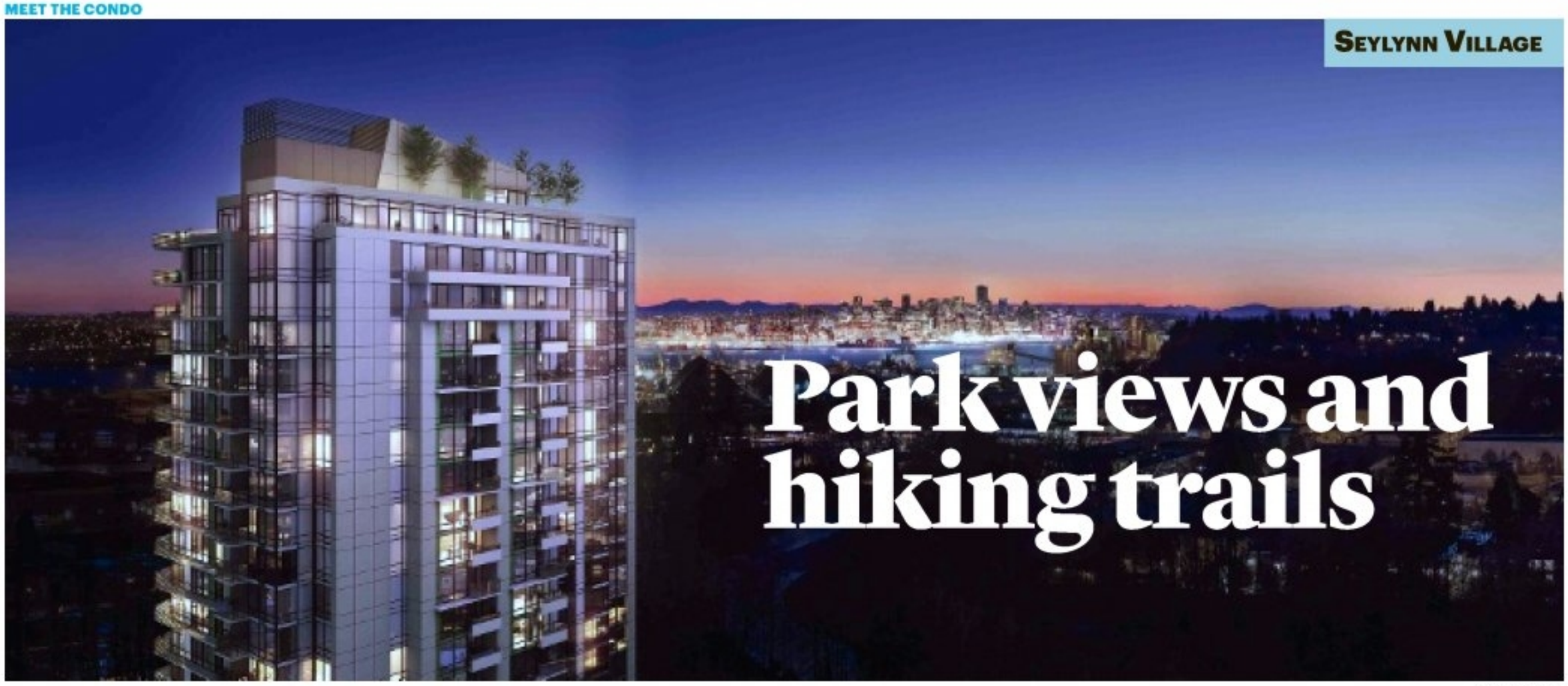
metro HOME

Your essential daily news



No spin...insect experts have suggested 'recruiting' spiders to your garden to eliminate pests

MEET THE CONDO



Park views and hiking trails

CONTRIBUTED

Project overview

Seylynn Village is conveniently situated in the heart of Lynn Creek, the District of North Vancouver's newest master-planned community. The three-tower development is well under way with the first tower Beacon completed and sold out; Compass is under construction and 65 per cent sold; Apex will be the last tower, scheduled for the future.

Housing amenities

All units come with a full Bosch appliance package, triple-glazed windows and air conditioning. Seylynn Village will also be home to the Denna Club, an exclusive 14,000-sq. ft. facility featuring a fully equipped fitness centre, 25-metre infinity lap pool, lounge, spa, yoga room, in addition to on-site daycare.

Location and transit

Besides having the privilege of living in the Lower Mainland's greatest recreational centre, Seylynn Village homeowners are only a short 12-minute drive to downtown Vancouver. Transit users will appreciate being within a short walking distance to Phibbs Exchange.

In the neighbourhood

Ideally located across the street from Seylynn and Bridgman Parks, Seylynn Village provides access to hectares of forested hiking trails, mountain biking, skiing, not to mention golf. Residents can socialize in one of the local craft breweries or coffee roasters, enjoying the benefits of being part of a true artisan neighbourhood.

NEED TO KNOW

What: Seylynn Village
Builder: Denna Homes
Designer: DA Architects
Location: Lynn Creek, North Vancouver
Building: Three-tower development
Sizes: Contact sales team
Model: One bedroom and den; two bedroom; two bedroom and den; three bedroom; three bedroom and den; townhomes
Pricing: Contact sales team
Status: Compass under construction, 65 per cent sold; third building coming soon
Occupancy: Spring 2018
Sales centre: 600 Mountain Highway, North Vancouver
Phone: 604-980-5000
Website: Seylynn.ca

DECORATING

Time to think outside the television box

Television screens just keep getting bigger, which is great if you're an avid binge-watcher but not so convenient if you're trying to decorate a living room or bedroom with one wall dominated by a huge glass rectangle.

"TVs are kind of a necessary evil," says Marianne Canada, digital host and design expert at HGTV.com. "We want them to be big. But you run into that problem of having, literally, this big black rectangle pulling focus in your living room."

Los Angeles designer Theodore Leaf, host of Living Big Under 1,000 Sq. Ft. on Apple TV's new channel The Design Network, finds that people are resisting the idea of organizing their living space around a screen. Yet they want the option of a great viewing experience when the mood strikes.

In rooms where windows provide a good view, things get even more complicated.

Here, Leaf, Canada and Caleb Anderson, co-founder of the New York design firm Drake/Anderson, offer creative advice on decorating around a television and even (shhh!) finding ways to hide one in plain sight.

Make it blend in

Some homeowners opt to fill one wall with built-in bookcases, leaving space at the centre to hang a TV. It's an attractive option, but custom built-ins can be expensive, says Anderson, and are a fairly permanent choice.

A more affordable approach: fill the wall with individual shelves arranged around the television. "Use floating shelves or shelves with really beautiful brackets," says Canada.

Another option is arranging paintings, framed photos and other decorative items around your television to create a gallery wall, so the screen blends in with other pieces of art.

Make it disappear

For small spaces and bedrooms, Leaf is a fan of hydraulic lift cabinets. What looks like a simple sideboard actually has your TV hidden inside. At the push of a button, the top opens and your TV lifts out.

"I have a client that just has an incredible view," Leaf says, "but she has three kids and they love to watch TV in bed."

If you truly want your TV to disappear, Leaf recommends switching to a retractable screen with a retractable hidden projector in the ceiling.

To save money and effort, you can even skip the screen by hanging a lightweight piece of art where you'll be watching and painting that wall a crisp, solid white. THE ASSOCIATED PRESS

A bedroom with a television creatively mounted on the wall keeps it from standing out too much or detracting from the design of the rest of the room. HGTV VIA THE ASSOCIATED PRESS

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Shedding light on new bulb terms

HOME TRENDS

From LEDs to lumens: A guide to illumination

Anyone who has stood in confusion in the light-bulb aisle (and that's most of us) knows that technology and the push to save energy are continuing to flip the script on home lighting options. The good news is the new bulbs are much more efficient than old-school incandescents, and give designers the freedom to move beyond the standard bulb-lamp-fixture configuration.

"The new types of light bulbs, LED in particular, let light-fixture designers create all kinds of lighting designs and fixture designs that they could never create before," saysKarman-Hotchkiss, executive editor of Decor magazine. "There are a lot of new shapes out there. There are a lot of really artistic interpretations of lighting, things like sparkle and effects that designers couldn't create with old-fashioned incandescent bulbs."

A primer on the latest in a changing technology:

Terms

For consumers, the big switch has been letting go of the concept of wattage, which is associated with brightness but actually measures energy use. Today's bulb brightness is measured in lumens. Old incandescent bulbs needed about 60 watts to produce 800 lumens. Compact fluorescents (CFLs) use around 15 watts to get to the same brightness, and LED (light-emitting diode) bulbs require only about 10 watts to get to 800 lumens.

Another major change is use of the colour temperature scale based on heat, as measured in Kelvins, not Celsius or Fahrenheit degrees. The higher the heat, the cooler the colour — which makes sense if you've ever looked at a flame and seen the blue at the hot centre.

While we typically don't think in Kelvins, this is a more precise way to define the relative whiteness of a light source, says Joe Rey-Barreau, a Kentucky architect and lighting designer who serves as an educational consultant to the American Lighting Association. If you see a bulb marked "daylight," you may be thinking about a warm afternoon light when the manufacturer means the much cooler colour of the sky. A point of reference: The warm, orange light of the old incandescents burned at about 2,700K.

Packaging

Manufacturers are still printing wattage-equivalent numbers on packaging for reference, and on the back you'll now find a required "Lighting Facts" information box — modelled after nutritional labels — listing lumens, estimated yearly energy cost, life span, light appearance and energy used. Incandescent bulbs, by the way, haven't been banned. Manufacturers had to change the gas used inside them and make them more efficient. So, the old 100-watters are available as 72 watts; the 75-watt bulb is 52 watts.

LEDs

The trending technology is the LED. Introduced in the '60s, these bulbs used to be low-intensity and limited to red light. But recent developments have allowed for bright LEDs. The LEDs of the early 21st century tended to have a bluish cast, but LEDs now are available in a wide spectrum of colours.

Because LEDs use solid-state chip technology, they can be made very small and in various configurations. For instance, there are easily installed under-cabinet strip-lighting options, as well as lights for the kick-toe space near the floor, says Hotchkiss.

Tiny LEDs can be embedded into a fixture, such as a lamp itself, instead of the lamp having a holder for the bulb. There are even LEDs that resemble old-fashioned light bulbs with a visible "filament."

LEDs cost more than conventional bulbs but last longer and use less energy, and prices are dropping, says Rey-Barreau.

For now, it's mostly lighting designers who are experimenting with the more extreme lighting possibilities of LEDs, such as installations that change colour.

But there are fun options for homeowners, too, Hotchkiss notes. GE, for instance, has a C-Life bulb that is Bluetooth-enabled and can be dimmed or turned off via a phone app.

THE ASSOCIATED PRESS

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Tricks to help your sole shine

LIFE HACKS

Make the rubber base on your sneakers white as new

Here's an investigation of four popular methods for polishing the white rubber on sneakers, to see which works best.

The problem

Some sneakers only look good if they're sparkling clean and brighter than the whites of your eyes.

A few scuffs and skid marks, especially on the thick rubber that wraps around the base, could be enough to cause some wearers to take them out of their springtime rotation.

The solution

Life hackers have long debated the best way to restore shoe rubber to a state of blinding whiteness, using such tools as sandpaper, Windex, detergent and assorted hair products.

But we'll stick to the four most commonly cited fixes.

The shoes

Four pair of sneakers in various states of unwearable.

We will clean one shoe out of each pair, leaving the other foot dirty for comparison.

Toothpaste, Borax, baking soda or Magic Eraser: Which works best to whiten white rubber? Read on. TORSTAR NEWS SERVICE

The tools

We're testing out four solutions — white toothpaste, baking soda, Borax and a Mr. Clean Magic Eraser — to see which works best, using water and old toothbrushes to scrub the solvent into the rubber.

Test 1: Toothpaste

We're off to a good start. The toothpaste is easy to scrub onto the rubber, and most of the scuffs come out with just a bit of brushing.

And the minty shoe has never smelled better!

Test 2: Borax

Disappointing.

We stirred crystals of common household Borax in hot water, then rubbed the solution on the rubber, but judging by the result, it didn't have much more effect than water alone.

Test 3: Baking Soda

This worked a bit better than the Borax, possibly because the soda dissolves more easily in water, though the result is hardly good as new. In fact, it's hard to tell which shoe got treated.

Test 4: Magic Eraser

This Mr. Clean product is frequently recommended, so we had high hopes.

Sure enough, it worked wonders on my dirtiest, most well-worn sneaker, and didn't take much effort to make the rubber appear nearly pristine.

Way to go, somewhat creepy bald mascot!

Lightning round

So which works better, the eraser or the toothpaste? We give two more dirty shoes another scrub, so that now we have two pairs in which each shoe was cleaned using a different product.

Both do a decent job, but Mr. Clean has the obvious edge.

Conclusion

If all you've got is toothpaste, use it.

But you're better off with the Magic Eraser.

Just keep it out of your mouth.

TORSTAR NEWS SERVICE

CREATIVITY

Belgian duo's 'Mad House' exhibit straddles art and design

Imagine a house containing a towering bronze pitchfork and shovel that will never be used for gardening; a working vacuum cleaner — topped with the gilded bust of a horse — that will never clean floors; and an oversize saucepan (made of crystal, bronze, wood and gilding) that will never find its way to the stove.

The art and design duo known as Studio Job specialize in creating works inspired by household goods but never intended for use.

Now, the Museum of Arts and Design in New York has transformed two floors into a "Studio Job Mad House," featuring some of these eye-popping designs. The exhibit, which runs through Aug. 21, is set up as an imaginary house of an imaginary collector of Studio Job's works. It exudes a sense of history, fantasy, irony and opulence.

The design team, founded in 1998, is composed of Belgian conceptual and 3D designer Job Smeets and Dutch graphic designer Nynke Tynagel. Their works straddle art and design, and nod to medieval traditions of patronage by producing monumental works in high-end materials like bronze, crystal and gold.

> They tend to react to what is common and do the exact opposite.
> Ronald Labaco

"They tend to react to what is common and do the exact opposite, challenging the perception of what is normal," says Ronald Labaco, a senior curator at the museum who organized the exhibit.

The works, many commissioned by patrons, rely on ancient crafts like bronze casting, gilding, marquetry, stained glass and faience, all with a contemporary perspective. The designs often draw from pop culture (like the movie "King Kong").

The New York installation features 57 pieces, including sculpture, lighting, furniture, floor covering, wallpaper, drawings and other works produced over the past 16 years.

Adding to the sense of entering a realm of the unreal, the museum's wood flooring has been covered in a vinyl covering that Tynagel designed to resemble a sort of cartoon of a wood floor. The walls are covered in her brick-themed, grey-and-white wallpaper, which vaguely resembles the inside of a medieval castle.

The pieces in the exhibit are organized along loose, sometimes contradictory ideas, such as love/lust, agrarian/preindustrial and church/religion.

"The idea is to create a kind of dialogue between the works," Labaco says.

THE ASSOCIATED PRESS

"Studio Job Mad House" at the Museum of Arts and Design (MAD) in New York features the eye-popping work of Belgian art and design duo Studio Job. BUTCHER WALSH/MUSEUM OF ARTS AND DESIGN VIA AP

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CONCORD PACIFIC

Make the love last in your garden

FLOWERS

From hellebores to yarrow, here's what to plant

Mark Cullen
For Torstar News Service

With a little planning when it comes to planting certain flowers, gardeners can have blooms from spring to October.

Everyone loves to see colourful blossoms in the garden. But in admiring their beauty, we forget why flowers bloom in the first place: to attract pollinators.

Most of the activity in your garden, associated with the web of nature, hinges on sex and reproduction. Keep that in mind this summer when you're out at night and hear crickets chirping, toads croaking and myriad other sounds of love.

So why not make the love last? You can do it with a succession of blooming plants lighting up every corner of your garden, patio or balcony from early spring to late fall.

This is planting season and there's no better time to plan your garden for a symphony of colour. I am here to help map it all out:

Late spring (June)

My favourite late-spring flowering plants include woody shrubs such as forsythia, lilacs, magnolias, flowering cherries, crabapples and the native serviceberry (which can grow 10 metres). Perennial flowering groundcovers include lily of the valley, sweet woodruff, lamium and periwinkle.

Longer-blooming perennials include bergenia, which grows about 30 centimetres and features light pink or purple/red flower clusters. Honey bees forage here frequently. Also, bleeding heart (pink/red), columbine (a magnet for hummingbirds) and peonies are wonderful for cutting and fragrance.

Early summer

Nature knows most insect activity in the garden picks up in late June, July and early August and as a result she has planned things nicely: this is the most intense flowering period in the garden.

Perennials that flower most reliably, for the longest period of time and attract the greatest number of pollinators, include:

• **Astilbe:** A fabulous plant that tolerates some shade and grows in sunny spots when mulched generously (it doesn't like to dry out). Cut it for use indoors and leave some standing to attract honey bees and other pollinators. Astilbe will bloom for up to six weeks in red, pink or white.

• **Campanula:** Varieties are available from dwarf 20-centimetre bloomers ("Blue Chips") to 60-centimetre plants featuring a long stem of silver-blue flowers ("Summertime Blues"). This is a reliable perennial that comes back for years.

The key to having flowers from spring through to the fall is planning ahead and choosing carefully. MARKCULLEN.COM

• **Coneflower (echinacea):** This is one of my favourite Canadian native plants. I have about 50 of them in my garden, but I only grow the original purple coneflower. As my associate Sonia Day has pointed out, the hybrids too often pop out after a season or two.

• **Coral bells:** The Sheridan Nurseries catalogue lists no less than 28 varieties of coral bells. All of them bloom early to mid-summer for several weeks at a time. They are remarkably versatile, colourful and worth owning. Look over the selection and choose according to your likes.

• **Cranesbill (hardy geranium):** The REAL geranium: perennial. If you have only one plant in your garden let it be "Rozanne," the perennial plant of the year in 2008. You have to have it. Rozanne blooms from May to September. Yes!

Add these to your list, too: shasta daisy, coreopsis (showy, but not very reliable from year to year), daylilies, hosta (I grow them for the flower as much as anything), delphiniums, false sunflowers and hollyhock (a biannual).

Fall

September and October feature their own major players. Plant Sedum spectabile for two months of colour and honeybee activity.

Rudbeckia provides reliable yellow colour from late August to when frost arrives (no wonder gas stations love to use this plant, it is so low maintenance), Joe Pye weed (I love this plant for butterflies and honey bees), butterfly bush (No. 1 for butterflies in my books!), yarrow and giant flowering rose mallow will knock your eyes out.

Mark Cullen is an expert gardener, author and broadcaster. Get his free monthly newsletter at markcullen.com. Look for his new bestseller, The New Canadian Garden, published by Dundurn Press. Follow him on Twitter @MarkCullen4 and on Facebook.

Nature knows most insect activity in the garden picks up in late June, July and early August.

WEAVING

Woven bedspreads, blankets part of our modern heritage

For decades, family-owned businesses across the U.S. have produced bedspreads and coverlets created with mechanical looms at their own mills. Made out of natural cotton or wool, in muted hues, these bedspreads and blankets are modern-day heirlooms passed down over generations.

"We get emails to this day from couples who've had their Bates bedspread since the '50s, when they got married. A woman told me, 'My bedspread lasted longer than my marriage," said Bianca Cloutier, 29, vice-president of sales and marketing for Maine Heritage Weavers.

The company's woven bedspreads and coverlets have old-school names such as Cape Cod, featuring a '70s coastal shell theme, and Martha Washington's Choice, in colours including maroon and sage green. That popular intricate design — with loops of chenille cotton pulled upward from the fabric to make raised flower patterns — is based on a 1940s Bates design recreated from a bedspread that George Washington chose for his wife when they married.

A woman told me, 'My bedspread lasted longer than my marriage.'
Bianca Cloutier, Maine Heritage Weavers

Also, search for online weaving communities and classes, and invest in a small and simple hand loom.

"While a loom is a machine, it takes a craftsperson to use it," sais Bob Christnacht, vice-president of global sales for the 153-year-old Portland, Ore.-based Pendleton, a blanket, bedding and clothing company that boasts six generations of family ownership.

"Weaving is very visceral and emotional, and part of our human heritage," Christnacht said.

"Your bed, too, is a very personal place, and there's an emotional and personal obligation to it." THE ASSOCIATED PRESS

The Spirit of America Bates bedspread in a home in Pasadena, Calif., woven by Maine Heritage Weavers. SOLVEJ SCHOU

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metro SPORTS

"Two of the best words ever: Game 7": LeBron's James' mindset going into Game 6 of the NBA Finals against the Warriors Thursday night

1 Antoine Griezmann sparked France's late surge vs. Albania. THIBAULT CAMUS/THE ASSOCIATED PRESS **2 Marek Hamsik scored the winner** in the Czech win over Russia. JOE KLAMAR/AFP/GETTY IMAGES **3 Admir Mehmedi helped Switzerland** earn a point vs. Romania. SHAUN BOTTERILL/GETTY IMAGES **4 English fans** clashed with police again. CARL COURT/GETTY IMAGES

FAN VIOLENCE

Police unleash tear gas

French police used tear gas to disperse rampaging English soccer fans at the European Championship on Wednesday, the fourth time England fans have been involved in violent incidents since the start of the tournament.

Violence in Lille did not reach the levels of last weekend in the southern city of Marseille, where English fans were involved in three days of fighting.

However riot police were still firing tear gas to disperse English supporters, many of them apparently drunk, late into the evening.

Police had to protect several thousand French fans who had watched their team in an official fan zone set up for soccer lovers in each host city.

Earlier in the week, UEFA threatened to expel Russia and England from the tournament if their fans are involved in any more trouble.

England plays Wales in the nearby city of Lens on Thursday. THE ASSOCIATED PRESS

36

French authorities said police made a total of 36 arrests Wednesday in Lille.

'A habit' for late dramatics

EURO 2016 GROUP STAGE

France leave it late again, but improve to 2-0

Late goals from Antoine Griezmann and Dimitri Payet helped France become the first team to advance to the knockout stages of the European Championship on Wednesday with a 2-0 win over Albania.

For the second consecutive match, late pressure rescued a patchy France side that is struggling to live up to its pre-tournament billing as one of the favourites.

Against Romania on Friday, Payet's superb strike from distance won it for the host nation. This time — with the clock running down — substitute Griezmann placed himself perfectly to nod in a cross from centre half Adil Rami.

"This is becoming a habit," France coach Didier Deschamps said. "I would prefer us to break the deadlock a little earlier."

France President Francois Hollande jumped out of his seat and thrust his arms in the air when Griezmann scored, and the Stade Velodrome rose as one to hail Payet after another outstanding finish a few minutes later.

With grace and poise reminiscent of France great Zinedine Zidane, Payet cut in from the left and beat two players before firing in the second goal.

Payet, as modest off the field as he is electric on it, deflected the praise, saying "once again the substitutes did well tonight. It was a special feeling."

But without doubt he was France's creative force and is fast forging a reputation as both a supplier of chances and a finisher of lethal quality.

"He's always had ability, he's got a lot of confidence
Didier Deschamps on France's breakout star, Dimitri Payet.

GROUP A In Marseille

2 0

In Lille, Russia were left in danger of early elimination after a 2-1 loss to Slovakia.

The Russian defence was split by Marek Hamsik's long pass, which set up Vladimir Weiss for Slovakia's first goal in the 32nd minute. And Weiss turned provider on the stroke of half time as Hamsik powered in the second at the Stade Pierre Mauroy. Denis Glushakov pulled one back for Russia in the 80th minute.

And in Paris, Switzerland closed in on a spot in the next round with a 1-1 draw against Romania.

Admir Mehmedi scored a 57th-minute equalizer with a powerful left-foot shot to ensure the Swiss have four points ahead of their final Group A match against France. THE ASSOCIATED PRESS

MR. HOCKEY REMEMBERED

'Irresistible' Howe laid to rest in Detroit

A gifted warrior on the ice and a soft-spoken, gentle man off it, Gordie Howe was remembered Wednesday as a hockey legend who treated all around him with warmth, respect and kindness.

"He was irresistible," said son Murray. "Though he was the size of a gorilla, little kids and little old ladies alike flocked to him the moment he disarmed them with his playful grin and his huge open arms. And Dad fed off their love and their positive energy and it brought him to life no matter how tired or sore he was.

"He made everyone feel as if they were the most special person on the planet."

Howe died Friday at age 88. His funeral came a day after thousands of people — famous and relatively anonymous — paid respects to Howe during a visitation at Joe Louis Arena in Detroit.

The adoration for the man many say is the best to ever play the game was on display as dozens of fans waited in light rain to land a seat inside the packed Cathedral of the Most Blessed Sacrament.

Gordie Howe, 1928-2016 GETTY IMAGES

Hall of Famers Wayne Gretzky, Bobby Orr, Guy Lafleur and Yvan Cournoyer along with top executives Gary Bettman, Brian Burke and Glen Sather also attended.

Murray delivered a heartfelt eulogy at his father's funeral, sharing numerous amusing and touching stories about his dad with some 900 mourners.

Howe, a native of Floral, Sask., made his debut with the Red Wings in 1946 and was an offensive force and played with a ruthless, physical edge.

"I don't know of any other human being that can go and knock out teeth, give people cuts, bumps and bruises, punch them in the nose or elbow them in the nose, and they revered the man," said Howe's son, Mark. THE ASSOCIATED PRESS

Pallbearers, led by Marty Howe, front left, and Mark Howe, front right, carry Gordie Howe's casket from the Cathedral of the Most Blessed Sacrament. NATHAN DENETTE/THE CANADIAN PRESS

IN BRIEF

Vancouver scores Fight Night for August

The UFC is returning to Vancouver.

Tom Wright, executive VP and GM for UFC operations in Canada, Australia and New Zealand, confirmed Wednesday that Rogers Arena will host a televised Fight Night show on Aug. 27.

Vancouver has also been home to UFC 174 in June 2014, UFC 131 in June 2011 and UFC 115 in June 2010. THE CANADIAN PRESS

400K celebrate with Pens

The Pittsburgh Penguins turned around a once-disappointing season and fired a coach before winning a fourth Stanley Cup, adversity that seemed to make Wednesday's city-wide celebration that much sweeter.

Some 400,000 fans lined the victor parade route more than 10 deep as the players, coaches, their families and support staff rolled by. THE ASSOCIATED PRESS

RECIPE Sweet & Spicy Salmon

PHOTO: MAYA VISNYEI

Ceri Marsh & Laura Keogh
For Metro Canada

Even if your last meeting runs late and the subway is slow you can still have a healthy, delicious dinner on the table in no time.

Ready in
Prep time: 5 minutes
Cook time: 15 minutes

Ingredients
- 3 Tbsps soy sauce
- 2 Tbsps honey
- 2 Tbsps sriracha
- 3 Tbsps water
- 4 salmon filets
- big pinch of sesame seeds

Directions

1. Preheat the oven to 425 degrees.

2. In a small bowl whisk together soy sauce, honey, sriracha and water until well combined.

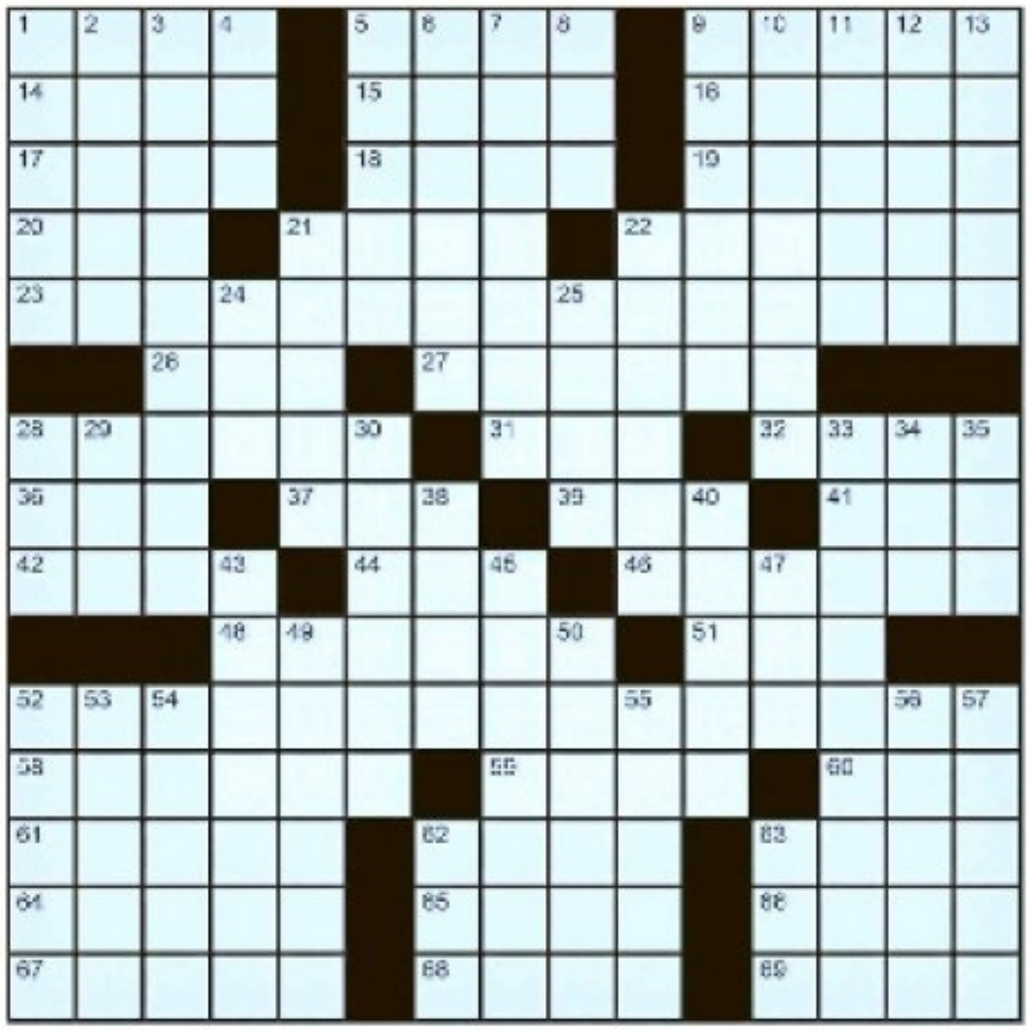
3. Place the salmon filets on a parchment-lined, rimmed baking sheet. Spoon the marinade on top of the salmon and bake it for 15 minutes.

4. Top with a sprinkling of sesame seeds. Serve with rice and a side of greens.

FOR MORE MEAL IDEAS, VISIT SWEETPOTATOCHRONICLES.COM

CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN



ACROSS
1. Oscar, as compared to Felix
5. Auntie on Broadway
9. Sorrow
14. Bride-_-_
15. Some TV brands
16. Avoid
17. Volcano in Sicily
18. Insects
19. Flood embankment
20. Mount _ (Volcano in Japan)
21. Soft muddy spot
22. 'Concerning this', contract-style
23. 1983 Donald Sutherland movie (Kiefer had a role in it, too) written by Neil Simon and starring the American playwright's then wife Marsha Mason: 3 wds.
26. Caravansary
27. R.E.M. singer Michael, and surnamesakes
28. On the liner
31. Behave
32. Authentic
36. '_ Are Here' (Shopping mall map info)
37. Folklore creature
39. "That's what you think!"
41. Shape with an axe
42. The _ Coast
44. "Well, now!"
46. Dotted tile of the classic game
48. Star: French
51. "Phooey!"
52. Wildflower of the Canadian Rockies, like what an artist just dipped into the palette for clouds on the canvas: 2 wds.
58. Ancient _ (Nero and Virgil, for example)
59. Really
60. Blow away
61. Singer, Faith _
62. Breezy
63. "_-_-Team" ('80s series)
64. Smooth transition
65. Fun construction set
66. Tinted
67. Lock of hair
68. Welsh opera singer Mr. Terfel
69. High-pitched barks

DOWN
1. Choo-choo-ing stuff
2. "_ luck to ya!" (Hope ya win!)
3. Objectionable
4. "Who Wants to _ _ Millionaire"
5. Canadian chocolate bar, _-_
6. Honda luxury cars
7. Purplish-red
8. 'Lion' suffix
9. Remove, tech-ie-style
10. Deplete due to excessiveness
11. French for 'to wash'
12. Classic theatre
13. Coral formations
21. John C. _ Hamilton International Airport
22. The Group of Seven, for one
24. Murder trial's li'l bit of proof
25. Canadian impressionist Mr. Little
28. Gilligan's positive
29. Fashion scarf
30. Sags
33. Pet often carried by a celebrity
34. Barn bird
35. Songbook standard: "Tea for _"
38. Plant-growing pet
40. Pastime pursuit
43. Nail-in-foot shot
45. Great actor, Sir Laurence _ (b.1907 - d.1989)
47. Wreck
49. Verb subjects
50. Power
52. Usurp
53. Hang as a hummingbird or helicopter
54. Politician's concern
55. Use the store's changing room: 2 wds.
56. Win everything
57. Cabbage units
62. Edmonton, _.
63. Archaic pronoun

IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

Aries March 21 - April 20
This is the perfect day for discussions about inheritances, shared property or insurance disputes. People want to agree and get along. (Use this to make things work for you in any way you want.)

Taurus April 21 - May 21
Relations with members of the general public, as well as close friends and partners, are excellent today! Nevertheless, be accommodating with others.

Gemini May 22 - June 21
Work-related travel is likely today. If so, you will enjoy yourself. All work discussions will be positive, and possibly lucrative to you. Fingers crossed!

Cancer June 22 - July 23
This is a lovely day to party or entertain. Long lunches, movies, the arts, picnics, barbecues and playful times with children will appeal. Sports events will be fun as well!

Leo July 24 - Aug. 23
This is a good day to discuss real estate negotiations. You might want to entertain at home or explore ways to expand where you live.

Virgo Aug. 24 - Sept. 23
Because communication with others is so smooth today, enjoy schmoozing with everyday contacts. Discussions with siblings and relatives will be warm and friendly.

Libra Sept. 24 - Oct. 23
This is an excellent day for business and commerce. Look for ways to boost your income. You might have to travel to make money today as well.

Scorpio Oct. 24 - Nov. 22
The Moon is still in your sign; however, today it is dancing with lucky, moneybags Jupiter. This promotes domestic peace and happiness for you. Life is good!

Sagittarius Nov. 23 - Dec. 21
Something going on behind the scenes will please you today. Secret travel plans might be in the making. (We both know you love to travel.)

Capricorn Dec. 22 - Jan. 20
Relations with classes and groups are positive today. A discussion with a female, probably from another culture, will be mutually beneficial.

Aquarius Jan. 21 - Feb. 19
You make a great impression on bosses and VIPs today. In fact, this could lead to future travel opportunities for you. Whatever you do today with others ultimately will benefit you.

Pisces
Feb. 20 - March 20
You will enjoy travelling today or talking to people from different backgrounds and other countries.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

9				8				4
		7				2		
	4	3				1	9	
			7		6			
6								5
			3		9			
	2	5				9	1	
		9				7		
1				3				8

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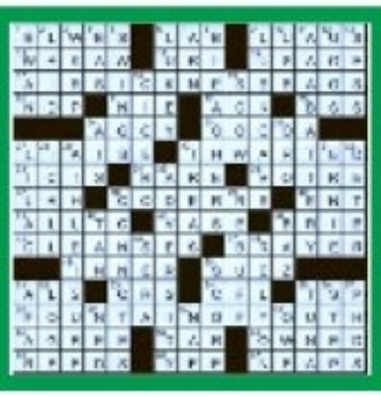
YESTERDAY'S ANSWERS

Your daily crossword and Sudoku answers from the play page.

for more fun and games go to metronews.ca/games



1	5	8	2	7	9	6	3	4
9	6	2	1	4	3	7	5	8
4	7	3	5	6	8	2	1	9
6	9	4	8	1	7	5	2	3
8	2	1	9	3	5	4	6	7
7	3	5	6	2	4	9	8	1
2	8	6	4	9	1	3	7	5
3	1	9	7	5	2	8	4	6
5	4	7	3	8	6	1	9	2

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Offer(s) available on select new 2016/2017 models through participating dealers to qualified retail customers who take delivery from June 1 to 30, 2016. Dealers may sell or lease for less. Some conditions apply. See dealer for complete details. Vehicles shown may include optional accessories and upgrades available at extra cost. All offers are subject to change without notice. All pricing includes delivery and destination fees up to $1,725, $22 AMVIC, $100 A/C charge (where applicable). Excludes taxes, licensing, PPSA, registration, insurance, variable dealer administration fees, fuel-fill charges up to $100, and down payment (if applicable and unless otherwise specified). Other lease and financing options also available. ΦΦ0% financing on select 2016 models. Available discount is deducted from the negotiated purchase price before taxes. Certain conditions apply. See your dealer for complete details. **Representative Financing Example:** Financing offer available on approved credit (OAC), on a new 2016 Forte Sedan LX AT (FO14ZG) with a selling price of $20,462 is based on weekly payments of $65 for 60 months at 0% with a $0 down payment and first monthly payment due at finance inception. Offer also includes $3,500 discount ($3,000 loan credit and $500 competitive bonus** or loyalty bonus¶). Cost of borrowing is $0 and total obligation is $20,462. Other taxes, registration, insurance and licensing fees are excluded. ^**Representative Leasing Example:** Lease offer available on approved credit (OAC), on the 2016 Optima LX AT (OP74KG)/2016 Soul LX+ MT (SO653G) with a selling price of $25,362/$20,842 (includes $0 lease credit discount and $750/$0 competitive bonus** or loyalty bonus¶) is based on 260 weekly payments of $54/$48 for 60 months at 1.9%/0.9%, with $0 security deposit, $2,985/$0 down payment and first payment due at lease inception. Total lease obligation $13,962/$12,353 with the option to purchase at the end of the term for $9,122/$9,161. Lease has 16,000 km/yr allowance (other packages available and $0.12/km for excess kilometres). **Competitive Bonus offer available on the retail purchase/lease of any new 2016 Rio, 2016 Rio5, 2016 Forte, 2016 Forte Koup, 2016 Forte5, 2016 Sorento, 2017 Sportage, and 2016 Rondo for the amount of $500, and 2016 Sedona, 2016 Optima and 2016 Optima Hybrid for the amount of $750 from participating dealers between June 1 and 30, 2016 upon proof of current ownership/lease of a select competitive vehicle in the relevant class/category. Competitive models include specific VW, Toyota, Nissan, Mazda, Mitsubishi, Hyundai, Honda, GM, Ford, Jeep, Pontiac, Suzuki, Saturn, Chrysler, Chevrolet, Subaru, BMW, Mercedes-Benz, Lexus, Land Rover, Infiniti, Acura, Audi, Lincoln, Volvo and Buick vehicles. ¶$500/$750 loyalty bonus offer available on the retail purchase/lease of any new 2016 Forte, 2016 Sorento, 2017 Sportage, 2016 Rio, 2016 Rio5 and 2016 Rondo/2016 Sedona, 2016 Optima and 2016 Optima Hybrid from participating dealers between June 1 and 30, 2016 upon proof of current ownership/registration of Kia vehicle. Some conditions apply. See your dealer or kia.ca for complete details. ^^$60 gift will be awarded in the form of 20,000 Kia Member Rewards Dealer Points which can be redeemed at the participating Kia dealership in Canada where customer took the test drive. **Test drive participants are eligible for one gift only.** $60 gift can be used towards the purchase of parts, service, accessories or maintenance. In order for the points to be awarded, customers must have a Kia Member Rewards account. The Kia Member Rewards Program is open to any licensed driver with a Canadian mailing address and enrollment in the Program is free for the purposes of this promotion. Further details about the Program and Dealer Points are available at www.kia.ca/member-rewards. ***Your local dealer may be closed June 19. Visit kia.ca/find-a-dealer for dealership hours.** §No Purchase Necessary. Enter by taking a test drive at a participating dealer or online at kia.ca/drivetosurprise. Open to Canadian residents over the age of majority. Contest begins May 3, 2016 and ends June 30, 2016 at 11:59 pm ET. 30 Prizes will be awarded (10 to Quebec residents, 20 to residents of rest of Canada). Each prize consists of winner's choice of a trip experience up to $10,000, or $10,000 towards a Kia vehicle purchase/lease. Complete contest rules in dealership or at kia.ca/drivetosurprise. ‡Model shown Manufacturer Suggested Retail Price for 2016 Optima SX AT Turbo (OP746G)/ 2016 Forte SX AT (FO74BG)/2016 Soul SX Luxury (SO758G) is $35,195/$26,695/$27,495. AIG is the industry benchmark for residual values and depreciation data, www.alg.com. Government 5-Star Safety Ratings are part of the National Highway Traffic Safety Administration's (NHTSA's) New Car Assessment Program (www.SaferCar.gov). Information in this advertisement is believed to be accurate at the time of printing. For more information on our 5-year warranty coverage, visit kia.ca or call us at 1-877-542-2866. Kia is a trademark of Kia Motors Corporation.